## www.B-PEN.org Brookline PARENT EDUCATION NETWORK

informed \* involved \* connected

## PARENT NETWORK UPDATE

**JUNE 2015** 

## SPECIAL ISSUE ON SAFE SUMMER FUN

As we come to the end of the academic year, the busy, ordered structure of school slides into the "lazy, hazy, crazy days of summer." Kids feel looser and parents often relax the rules as vacation mode kicks in. But with more free time and fewer consequences, summer can also be the riskiest time of the year for middle and high school kids. From drug/alcohol experimentation to sexual activity, risky behavior tends to rise with the temperatures, and research shows that young people with unsupervised hours are three times more likely to engage in risky behavior and use marijuana, alcohol and other drugs.

Check out B-PEN's ideas for keeping adolescents safe this summer while enjoying vacation fun in the sun...

SUMMERTIME ACTIVITY TIPS

**GUIDELINES FOR A SAFE SUMMER** 

**BROOKLINE TEEN CENTER** 

**BROOKLINE RECREATION DEPARTMENT**