

2015 High School Survey Questions	Brookline 2009 (9 th -12 th) %	Brookline 2011 (9 th -12 th) %	Brookline 2013 (9 th -12 th) %	Brookline 2015 (9 th -12 th) %	State 2013 (9 th -12 th) %	U.S. 2013 (9 th -12 th) %
ALCOHOL USE						
Lifetime alcohol use	62	62	56	47	63	66
Alcohol use, past 30 days	38	36	35	27	36	35
Alcohol use before age 13	12	11	12	6	11	19
Binge drinking, past 30 days	24	21	19	18	19	21
Drinking during school day, past 30 days	7	5	5	2	3 *(On school property)	5 *(On school property)
Drinking after driving, past 30 days	6	4	3	N/A	7	10
Riding in vehicle with driver who had been drinking and was over 21	15 (Driver age not specified)	12 (over age 21)	11 (over age 21)	12 (over age 21)	18 *(Driver age not specified)	22 *(Driver age not specified)
Riding in vehicle with driver who had been drinking and was under 21		9	6	4		
MARIJUANA USE						
Lifetime marijuana use	39	41	34	27	41	41
Lifetime marijuana use, over 100 times	8	7	7	4	N/A	N/A
Marijuana use, before age 13	4	5	2	1	7	9
Marijuana use, past 30 days	24	25	21	16	25	23

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Marijuana use during school day, past 30 days	9	9	9	5	5 *(On school property)	N/A
OTHER ILLEGAL DRUG USE						
Lifetime cocaine use	6	3	4	1	4	6
Lifetime heroin use	4	2	3	1	1	2
Lifetime use of Ritalin, Adderall, Concerta, amphetamines without a prescription	8 ‡(Lifetime use of methamphetamines, Ritalin, Adderall, Concerta without Rx)	7	7	4	2 *(methamphetamine only)	3 *(methamphetamine only)
Lifetime steroid use without a prescription	4	2	3	1	2	3
Lifetime use of hallucinogens, LSD, mushrooms, Ketamine, ecstasy	8 ‡(Lifetime use of inhalants, LSD, PCP, mushrooms, Ketamine, Rohypnol, GHB)	6	8	3	5 *(ecstasy only)	7 *(Lifetime use of hallucinogens, not including ecstasy) 7 *(Lifetime use of ecstasy)
Lifetime use of prescription painkillers to get high (Percocet, Oxycontin, Oxycodone, Vicodin)	7 ‡(Lifetime painkiller use to get high)	6	6	2	13	18 *(Includes depressants)

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Lifetime use of depressants to get high (Klonopin, Valium, Xanax, Ativan)	N/A	N/A	4	2	N/A	Combined with prescription painkiller usage
Lifetime OTC cough/cold medicine use (to get high)	6	5	4	5	5	N/A
Lifetime medical treatment for overdose	3	4	6	2	N/A	N/A
TOBACCO						
Ever tried smoking, even just a puff	26 ‡(Tried smoking a whole cigarette)	26	26	15	32 *(even one or two puffs)	41 *(even one or two puffs)
Ever tried smoking electronic cigarettes, even just a puff	N/A	N/A	N/A	14	N/A	N/A
Started smoking tobacco cigarettes before age 13	5	5	5	2	5	9
Started smoking electronic cigarettes before age 13	N/A	N/A	N/A	1	N/A	N/A
Smoking, past 30 days	16	11	10	5	11	16
Smoking at school, past 30 days	8	5	5	2	3 *(on school property)	4 *(on school property)

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Use of chewing tobacco, snuff, dip, past 30 days	7	4	4	2	5	9
Tried to quit smoking cigarettes (% of smokers)	35	38	39	27	58	48
VIOLENCE-RELATED BEHAVIORS						
Carried a gun, past 30 days	6	3	4	1	3	6
Carried weapon (such as knife or club) at school, past 30 days	9	5	4	2	3 *(gun, knife, or club)	5 *(gun, knife, or club)
Skipped school because felt unsafe, past 30 days	8	4	5	4	5	7
Heard prejudiced language/remarks made towards gay, lesbian, or bisexual students, past 30 days	67	72	68	68	N/A	N/A
Bullied at school, past 12 months	21‡ ‡(At least 1 time)	17‡ ‡(answered Yes)	16	9	17	20
Been electronically bullied, past 12 months	N/A	10	11	6	14 *(Cyberbullying)	15
Sexual contact against one's will	10	7	7	8	9 *(Sexual assault)	7 *(Forced sexual intercourse)

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Girlfriend or boyfriend hit, slap, or physically hurt you on purpose, past 12 months	N/A	4	5	5/ % out of those dated	8 (Dating violence)	10 *(Among those who had dated or went out with someone)
MENTAL HEALTH						
Felt overwhelming stress or anxiety occasionally or frequently, past 12 months	66	79	75	82	N/A	N/A
Felt sad or hopeless for 2 or more weeks	N/A	N/A	N/A	25	22	28
Felt suicidal, past 12 months	20	19	20	18	12 *(seriously consider suicide)	17 *(seriously consider suicide)
Seriously considered suicide and made a suicide plan, past 12 months	3	3	2	2	11 *(made a plan)	14 *(made a plan)
Attempted suicide that resulted in medical treatment, past 12 months	2	<1	<1	1	2	3
SEXUAL BEHAVIOR						
Ever had sexual intercourse	32	27	23	21	38	47
Sexual intercourse before age 13	7	2	3	1	3	6
Three or more sexual partners	12	9	7	6	9 *(4 or more partners)	15 *(4 or more partners)

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Usually use a condom during sexual intercourse (among sexually active students)	78	74	75	62	58 *(used at last intercourse)	59 *(used at least intercourse)
Engaged in sexual activity after using alcohol that you wouldn't have if you weren't drinking	16	13	14	8	24 *(Alcohol or drug use at last intercourse)	22 *(Alcohol or drug use at last intercourse)
BODY WEIGHT AND DIETARY BEHAVIORS						
Describe self as slightly or very overweight	22	20	22	23	29	31
Fasted for 24 hours or more to lose or maintain weight, past month	8 ‡(past year)	7	11	6	10	13
Took diet pills, powders, or liquids without Dr.'s advice to lose or maintain weight, past month	2 ‡(past year)	2	3	2	3	5
Vomited or took laxatives to lose or maintain weight, past 12 months	N/A	4 ‡(past month)	3	3	4	4

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PHYSICAL ACTIVITY						
Participated in 60 minutes of cardiovascular activity for at least 5 of the 7 days	58 ‡(participated in cardiovascular exercise at least 3 times a week for 5 or more of past 12 months)	50	36	40	44	47
Participated in exercise to strengthen or tone muscles at least for at least 3 of the past 7 days	45 ‡(participated in toning exercises at least 3 times per week for at least 30 minutes for 5 or more of past 12 months)	53	45	47	77 ‡(aerobic activity at least 20 minutes 3 days per week)	52
Participated on at least 1 BHS sports team in the past 12 months	57	61	53	58	60 *(school or community)	54 *(school or community)
Watched 3 or more hours of TV on an average school day --- Used a computer for non-school related work for 3 or more hours (i.e. videogames, Facebook, surfing the web), on an average school day	25 ‡(Watched 3 or more hours of TV or played computer/video games on an average school day)	15 (TV) --- 35 (Computer/Video games)	13 (TV) --- 33 (Computer, phone other handheld device)	16 (TV/Netflix/Hulu) --- 39 (Technology for recreational purposes)	25 (TV) --- 39 (Computers/Video games)	33 (TV) --- 41 (Computer/Video games)

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PROTECTIVE FACTORS						
Received mostly A's, B's, and C's	94	96	86	95	91	N/A
Participated in volunteer work (at least 1 hour/month)	48	48	47	49	49	N/A
Participated in organized extra-curricular activities (at least 1 day in past week)	64	65	64	77	N/A	N/A
Has teacher or other adult in school with whom one can talk about problem	65	64	62	67	70	N/A

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ALCOHOL USE					
Lifetime alcohol use	25	22	15	11	18
Alcohol use, past 30 days	11	8	6	4	6
Alcohol use before age 13	19	15	11	6	N/A
Riding vehicle with driver who had been drinking	18	8	8	11	N/A
Felt pressured to drink alcohol	14	9	8	3	N/A
MARIJUANA USE					

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Lifetime marijuana use	8	6	5	2	8
Marijuana use before age 13	5	2	2	1	N/A
Marijuana use, past 30 days	6	4	4	1	3
Felt pressured to use marijuana	10	10	6	3	N/A
OTHER ILLEGAL DRUG USE					
Lifetime cocaine use	2	1	2	<1	6 *(combination of these three questions into one on state survey)
Lifetime use of Ritalin, Adderall, Concerta, Amphetamines without a prescription	N/A	2	1	1	
Lifetime steroid use without a prescription	2	1	1	2	
Lifetime use of sniffing glue, spray cans, paints, or sprays to get high	6	6	4	2	N/A
Lifetime use of prescription painkiller to get high (Percocet, Oxycontin, Vicodin)	N/A	1	2	1	4
Lifetime use of prescription drugs that are not student's	N/A	N/A	2	2	4
Felt pressure to try any drugs	8	8	4	3	N/A
TOBACCO					
Ever tried smoking, even just a puff	11	9	5	3	9
Ever tried smoking electronic cigarettes, even just a puff?	N/A	N/A	N/A	3	N/A

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Started smoking before age 13	5	5	3	2	4
Started smoking electronic cigarettes before age 13	N/A	N/A	N/A	1	N/A
Smoking either tobacco or electronic cigarettes, past 30 days	5	2	3	1	3
Use of chewing tobacco, snuff, dip, past 30 days	3	2	2	1	N/A
Use of other forms of tobacco (smoke-free, dissolvable, cigarillos, flavored cigarettes)	5	2	4	4	N/A
Felt pressured to use tobacco products	10	9	7	4	N/A
VIOLENCE-RELATED BEHAVIOR					
Ever carried a weapon (gun, club, or knife)	82	16	15	15	N/A
Access to a gun	N/A	5	5	3	N/A
Physical fight in the past 12 months	N/A	27	23	19	N/A
Ever in a physical fight requiring treatment by doctor or nurse	7	5	5	4	N/A
Sexual contact against one's will	N/A	4	6	2	N/A
Deliberately hit, slapped, or physically hurt by boyfriend or girlfriend, past year	N/A	6	3	1	N/A

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Heard prejudiced language/remarks made towards gay, lesbian, or bisexual students, past 30 days	N/A	80 *(location not specific)	59 *(at school) --- 55 *(outside of school)	54 *(at school) --- 61 *(outside of school)	N/A
Electronically bullied, past 12 months	22	16	N/A	13	14
SUICIDAL BEHAVIOR					
Felt overwhelming stress or anxiety occasionally or frequently, past 12 months	N/A	71	69	79	N/A
Ever seriously thought about killing self	11	11	12	14	8 *(Seriously considered suicide)
Ever made a plan about how to kill self	9	7	10	10	N/A
Ever attempted suicide	4	3	4	4	1 ‡(in past year)
Ever attempted self-harm (i.e. cutting, burning)	10	10	12	14	14 ‡(in past year)
SEXUAL BEHAVIOR					
Ever had sexual intercourse	8	6	6	2	N/A
Sexual intercourse before age 13	4	4	3	1	N/A
Three or more sexual partners	3	3	2	1	N/A
Usually use a condom during sexual intercourse (among sexually active students)	67	65	70	68	N/A
Know what oral sex is	85	84	79	83	N/A
Participated in oral sex	9	8	5	4	N/A

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Felt pressured to have oral sex	9	7	7	5	N/A
Felt pressured to have sexual intercourse	15	7	9	4	N/A
BODY WEIGHT AND DIETARY BEHAVIORS					
Describe self as slightly or very overweight	22	22	23	23	24
Fasted for 24 hours or more to lose or maintain weight, past 30 days	8	6	5	5	9 *(State survey question combined fasting, vomiting, taking pills, or taking laxatives)
Took diet pills, powders, or liquids without Dr.'s advice to lose or maintain weight, past month	2	1	2	1	
Ever vomited or taken laxatives to lose or maintain weight	5	2	4	3	
Currently trying to lose weight	34	34	35	32	N/A
PHYSICAL ACTIVITY					
Participated in at least 60 minutes of activity for at least 5 of the past 7 days (increased heart rate and breathed hard)	48	51	50	52	52 * Also asked: Aerobic activity at least 20 mins on 3 or more of the past 7 days (77%)

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Watched 3 or more hours of TV on an average school day	18	16	14	19	24
Used a computer for non-school related work for 3 or more hours (i.e. video games, Facebook, surfing the web), on an average school day	15	28	34	33	36