

BHS Crash Course: The Unofficial Guide to Brookline High
Formerly known as 8th Grade SADD (Students Against Destructive Decisions)

Dear 8th Grade Parents,

B-PEN (Brookline Parent Education Network) invites you to send your son or daughter to the ***BHS Crash Course: The Unofficial Guide to Brookline High***. The program, run by the BHS Peer Leaders and their advisors, spans two meetings held in the Brookline High School cafeteria. See schedule below for school assignments.

What is BHS Crash Course?

BHS Crash Course is a peer-to-peer education and prevention course dedicated to teaching students how to make healthy decisions as they transition into their high school careers. *BHS Crash Course* was founded on the philosophy that **young people**, empowered to help each other, are **the most effective force in prevention**. Its unique approach involves teens delivering education and prevention messages to their peers. Sessions this year will focus on healthy relationships in the era of #MeToo. These meetings promote bystander and gender violence prevention skills via the nationally acclaimed program MVP (Mentors in Violence Prevention).

Why should my 8th grader attend a BHS Crash Course meeting?

In addition to offering 8th grade students ***an informal introduction to Brookline High School***, *BHS Crash Course* provides opportunities to meet current BHS students who are choosing to make good decisions and serve as models for positive culture. Peer Leaders discuss and answer questions about all facets of the high school experience -- *What is freshman year really like?* It is also an excellent opportunity to meet future members of BHS Class of 2023 from other Brookline schools. These popular one-hour club meetings include games, group discussions, and role playing. The 8th graders will walk away feeling more confident and ready to enter high school. ***Pizza is served at all meetings, and health teachers may give extra credit for attending.***

All meetings are held from 6:15 pm - 7:30 pm
Brookline High School Cafeteria (1st floor)

For students from Baker, Lawrence, Coolidge Corner School and Driscoll:

Thursday, February 7, 2019

Thursday, March 7, 2019

For students from Heath, Lincoln, Pierce, Runkle:

Thursday, April 11, 2019

Thursday, May 9, 2019

Whether your 8th grader can't wait to get to high school or is a bit nervous about the transition, BHS Crash Course is a great opportunity to learn about high school culture from current BHS students and to meet members of the Class of 2023.