

## BREAKING NEWS

### US Surgeon General's Advisory on E-cigarette Use (a/k/a Vaping) Among Youth issued Tuesday, **December 18, 2018:**

*I, Surgeon General of the United States Public Health Service, VADM Jerome Adams, am emphasizing the importance of protecting our children from a lifetime of nicotine addiction and associated health risks by immediately addressing the epidemic of youth e-cigarette use. The recent surge in e-cigarette use among youth, which has been fueled by new types of e-cigarettes that have recently entered the market, is a cause for great concern. We must take action now to protect the health of our nation's young people.*

#### **KNOW THE RISKS. TAKE ACTION. PROTECT OUR KIDS. 2019, the US Surgeon General**

\* \* \*

#### **Excerpt from Advisory - Information for Parents**

#You have an important role to play in addressing this public health epidemic.

# Learn about the different shapes and types of e-cigarettes and the risks of all forms of e-cigarette use for young people at <https://e-cigarettes.surgeongeneral.gov/>.

#Get the Surgeon General's tip sheet for parents, Talk With Your Teen About E-cigarettes, at <https://ecigarettes.surgeongeneral.gov/>. Start the conversation early with children about why e-cigarettes, including JUUL, are harmful for them.

#Let your child know that you want them to stay away from all tobacco products, including e-cigarettes, because they are not safe for them. Seek help and get involved.

# Set up an appointment with your child's health care provider so that they can hear from a medical professional about the health risks of tobacco products, including e-cigarettes.

# Speak with your child's teacher and school administrator about enforcement of tobacco-free school policies and tobacco prevention curriculum.

# Encourage your child to learn the facts and get tips for quitting tobacco products at [Teen.smokefree.gov](http://Teen.smokefree.gov).

-----  
Related Articles appear in the New York Times, Wednesday, [December 19, 2018](#).

**Addicted to Vaped Nicotine, Teenagers Have No Clear Path to Quitting:**  
[www.nytimes.com/2018/12/18/health/vaping-nicotine-teenagers.html](http://www.nytimes.com/2018/12/18/health/vaping-nicotine-teenagers.html)

**How to Help Teenagers Quit Vaping:**

[www.nytimes.com/2018/12/18/health/vaping-teens-nicotine.html](http://www.nytimes.com/2018/12/18/health/vaping-teens-nicotine.html)