

**If you're struggling to help your student manage exam stress, BHS offers three excellent tutorial guides:**

\*\* Strategies for Taking Multiple Choice Exams –  
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\*\* Guide to Essay Questions - [http://www.b-pen.org/uploads/2/9/2/9/2929884/guide\\_to\\_essay\\_questions.pdf](http://www.b-pen.org/uploads/2/9/2/9/2929884/guide_to_essay_questions.pdf)

\*\* Guide to Preparing for Mid-Terms - [http://www.b-pen.org/uploads/2/9/2/9/2929884/guide\\_to\\_preparing\\_for\\_midterms.pdf](http://www.b-pen.org/uploads/2/9/2/9/2929884/guide_to_preparing_for_midterms.pdf)

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