



BHS Crash Course: The Unofficial Guide to Brookline High ***(Formerly known as 8th Grade (SADD) Students Against Destructive Decisions)***

Dear 8th Grade Parents,

B-PEN (Brookline Parent Education Network) invites you to send your son or daughter to the ***BHS Crash Course: The Unofficial Guide to Brookline High***. The four meetings, run by the BHS Peer Leaders and their advisors, are held in the Brookline High School cafeteria.

What is BHS Crash Course?

Previously known as 8th Grade SADD (Students Against Destructive Decisions), *BHS Crash Course* is a peer-to-peer education and prevention course dedicated to teaching students how to make healthy decisions as they transition into their high school careers. *BHS Crash Course* was founded on the philosophy that **young people**, empowered to help each other, are **the most effective force in prevention**. Its unique approach involves teens delivering education and prevention messages to their peers, focusing on teen stress and high school life, as well as underage drinking and marijuana/drug use, risky/impaired driving, and healthy relationships.

Why the name change?

After years as SADD, BHS Peer Leaders decided to change the name of the program to *BHS Crash Course: The Unofficial Guide to Brookline High* to better describe the content discussed in each of the four meetings. In addition to prevention education messages, Peer Leaders answer questions about all facets of the high school experience. *What is freshman year really like? How do you find your way around the building? Does everyone go to parties on the weekend?*

Why should my 8th grader attend a BHS Crash Course meeting?

BHS Crash Course offers 8th grade students ***an informal introduction to Brookline High School***. Meetings provide opportunities to become familiar with the layout of Brookline High School and meet current BHS students who are choosing to make good decisions. It is also an excellent opportunity to meet future members of BHS Class of 2021 from all the Brookline schools. These one-hour club meetings include games, group discussions, and a BHS scavenger hunt. The 8th graders will walk away feeling more confident and ready to enter the high school. ***Health teachers may give extra credit for attending meetings, and pizza is served at all meetings.***

COME TO ONE, COME TO ALL!

All meetings are held from 6:30 - 7:30 pm in the Brookline High School Cafeteria (1st floor)

Thursday, February 9, 2017 (Overview of Freshman Year)

Thursday, March 9, 2017 (Interactive BHS Tour)

Thursday, April 27, 2017 (Culture @ BHS)

Thursday, May 18, 2017 (Scavenger Hunt)

Whether your 8th grader can't wait to get to the high school or is a bit nervous about the transition, BHS Crash Course is a great opportunity to learn about high school from current BHS students and to meet members of the Class of 2021.

Questions? [Click here for flyer](#) or Contact Christopher_Andrew@psbma.org

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