

## B-CASA PRESENTS

# *The Teen Brain and Today's Chemical Culture*

## An Evening of Information, Insight and Discussion for Parents and Teens



**Thursday March 4, 2010, 7 p.m.  
Brookline High School Auditorium  
115 Greenough Street, Brookline, MA**

Recent brain studies show that judgment, impulse control and decision-making abilities don't fully mature until the early 20's. This suggests that our teenagers are particularly vulnerable in today's stressed-out "a pill or drink will make it better" culture. In response to our community's growing concern about the increased availability and abuse of many common medications and alcohol, B-CASA invites parents and teens to a presentation and panel discussion, "The Teen Brain and Today's Chemical Culture."

**Keynote speaker: Marisa M. Silveri, Ph.D., McLean Hospital Neuroimaging Dept.  
"Understanding Adolescent Brain Development"**

### Interactive panel includes:

- **Kitty Dukakis**, Former First Lady of Massachusetts, author, and community advocate
- **Danielle Smith** -- "the slippery slope from recreational activity to physical addiction"
- **Brookline Peer Leaders** -- "prescription and OTC drug use at BHS"
- **Ryan Travia**, M.Ed., Dir. of the Office of Alcohol & Other Drug Services, Harvard Univ.
- **Laura Hester**, Dartmouth College (09) and John Hopkins School of Public Health

### Moderators

- **Lisa Fortuna**, M.D., University of Massachusetts Medical Center
- **Lloyd Gellineau**, Ph.D., Brookline Department of Public Health

Introductory remarks by **Janie L. Kritzman**, Ph.D., "Jeremy's Legacy"

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*Event co-sponsors: The Brookline Coalition Against Substance Abuse (B-CASA), the Jeremy S. Kritzman Initiative on Drugs and Alcohol, B-PEN (Brookline Parent Education Network), Brookline High School PTO, and the Brookline Public Health Department.*