

2013 Youth Health Survey Results

Brookline 7th – 8th Graders

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**Summary Comparison Table of Risk Behaviors
 Brookline Middle Schools, 7th-8th Grade (2009, 2011, 2013)
 Compared to 2011 Massachusetts Data (US Data Not Available)**

2013 Middle School Survey Questions	Brookline 2007 (7th-8th) %	Brookline 2009 (7th-8th) %	Brookline 2011 (7th-8th) %	Brookline 2013 (7th-8th) %	State 2011 (6th-8th) %
ALCOHOL USE					
Lifetime alcohol use	33	25	22	15	20
Alcohol use, past 30 days	N/A	11	8	6	8
Alcohol use before age 13	26	19	15	11	N/A
Riding in vehicle with driver who had been drinking	23	18	8	8	N/A
Felt pressured to drink alcohol	12	14	9	8	N/A
MARIJUANA USE					
Lifetime marijuana use	10	8	6	5	8
Marijuana use before age 13	9	5	2	2	N/A
Marijuana use, past 30 days	N/A	6	4	4	4
Felt pressured to use marijuana	10	10	10	6	N/A
OTHER ILLEGAL DRUG USE					
Lifetime cocaine use	4	2	1	2	N/A
Lifetime steroid use without a prescription	3	2	1	1	N/A
Lifetime use of sniffing glue, spray cans, paints or sprays to get high	9	6	6	4	N/A
Lifetime use of Ritalin, Adderal, Concerta, amphetamines without a prescription	N/A	N/A	2	1	N/A
Lifetime prescription painkiller use to get high (Percocet, Oxycontin, Vicodin)	N/A	N/A	1	2	N/A
Used prescription drugs not prescribed to student, past 30 days	N/A	N/A	N/A	2	1* (lifetime use)
Felt pressure to try any drugs	8	8	8	4	N/A

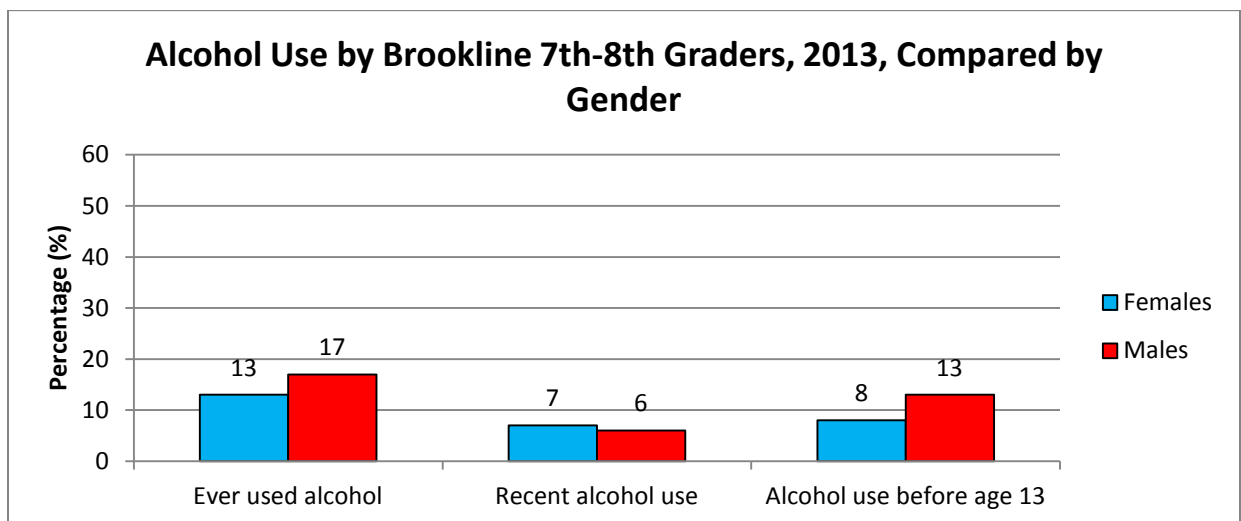
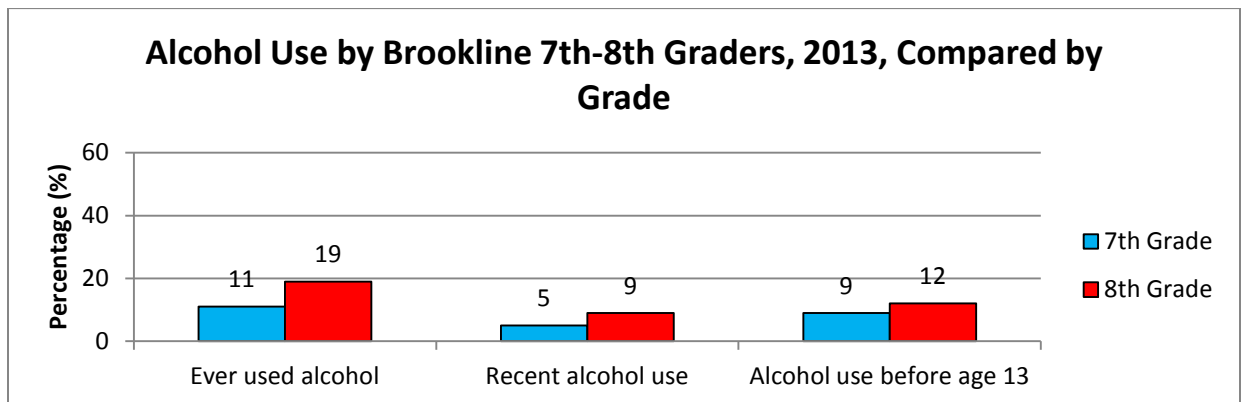
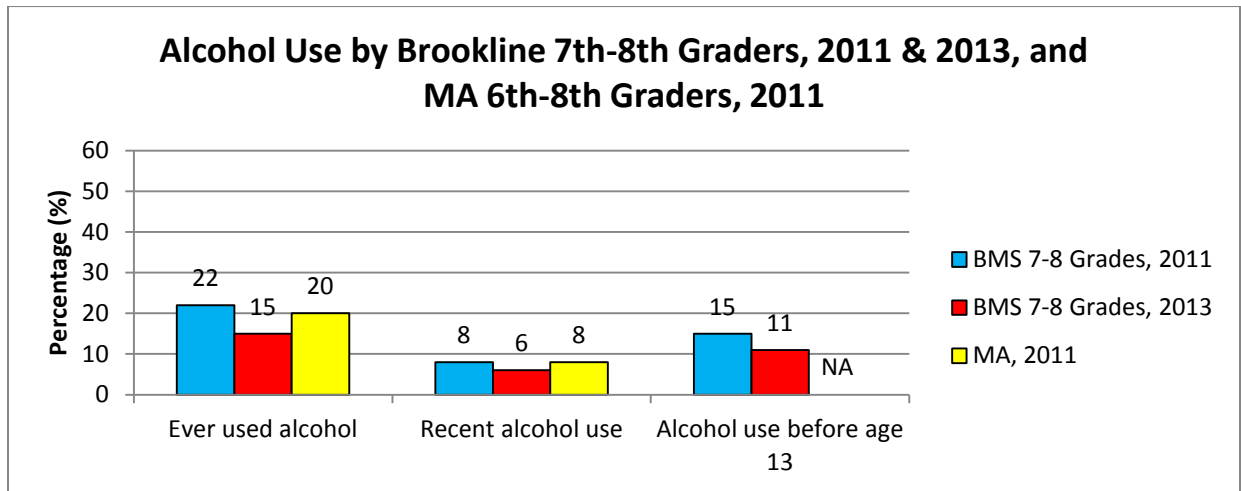
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TOBACCO					
Ever tried smoking, even just a puff	16	11	9	5	10
Started smoking before age 13	8	5	5	3	N/A
Smoking, past 30 days	5	5	2	3	3
Use of chewing tobacco, snuff, dip, past 30 days	5	3	2	2	N/A
Use of other forms of tobacco (smoke-free, dissolvable, cigarillos, flavored cigarettes)	6‡ (cigars, cigarillos, or little cigars)	5‡ (cigars, cigarillos, or little cigars)	2	4	N/A
Felt pressure to use tobacco products	12	10	9	7	N/A
VIOLENCE-RELATED BEHAVIORS					
Ever carried a weapon (gun, club, or knife)	22	82	16	15	N/A
Access to a gun	N/A	N/A	5	5	N/A
Physical fight in the past 12 months	N/A	N/A	27	23	N/A
Ever in a physical fight requiring treatment by dr or nurse	8	7	5	5	N/A
Deliberately hit, slapped or physically hurt by boyfriend or girlfriend, past year	N/A	N/A	6	3	N/A
Sexual contact against one's will	N/A	N/A	4	6	N/A
Heard prejudiced language/remarks made towards gay, lesbian or bisexual students, past 30 days (at school/ outside of school)	N/A	N/A	80↔ (location not specified)	59 – at school 55 – outside	N/A
SUICIDAL BEHAVIOR					
Felt overwhelming stress or anxiety occasionally or frequently, past 12 months	N/A	N/A	71	69	N/A
Ever seriously thought about killing self	15	11	11	12	7
Ever made a plan to about how to kill self	11	9	7	10	N/A
Ever attempted suicide	5	4	3	4	5* (in past year)
Ever attempted self harm (i.e., cutting, burning) on purpose	16	10	10	12	13* (non-suicidal self-injury, past year)

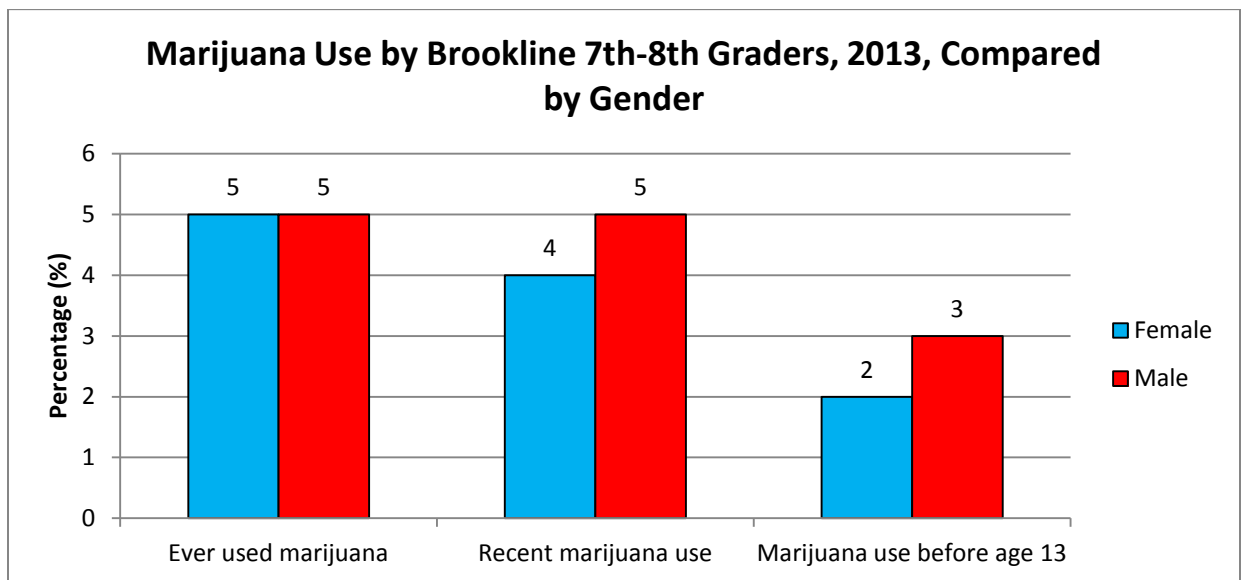
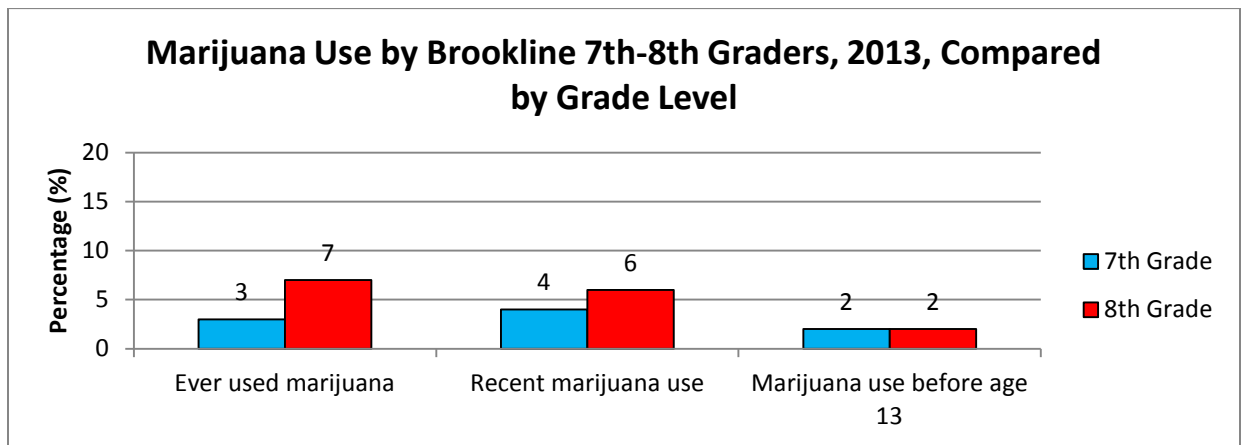
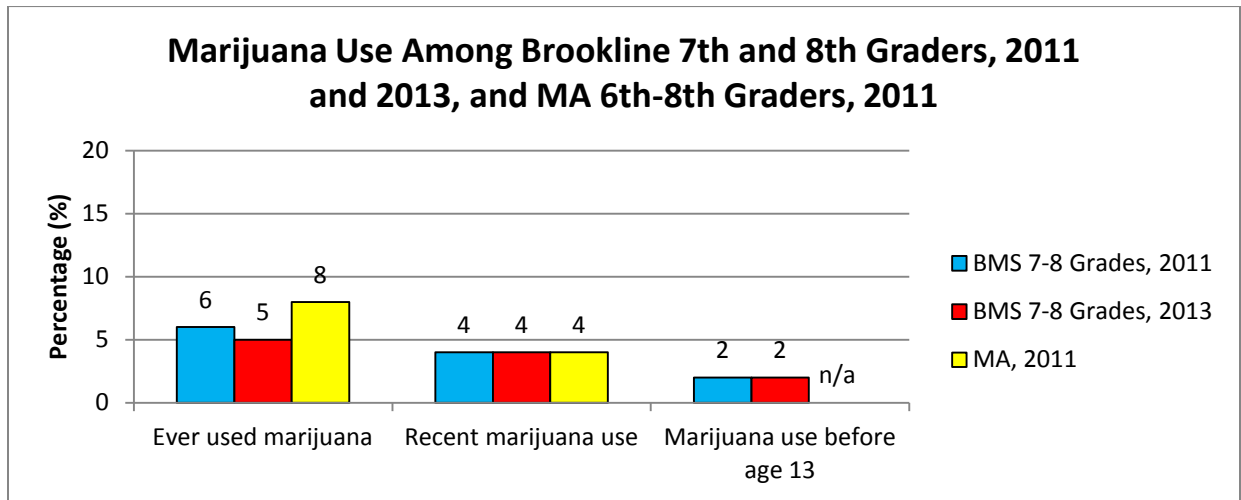
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SEXUAL BEHAVIOR					
Ever had sexual intercourse	13	8	6	6	N/A
Sexual intercourse before age 13	12	4	4	3	N/A
Three or more sexual partners	8	3	3	2	N/A
Used a condom during last sexual intercourse (among sexually active students)	64	67	65	70	N/A
Know what oral sex is	84	85	84	79	N/A
Participated in oral sex	13	9	8	5	N/A
Felt pressure to have oral sex	11	9	7	7	N/A
Felt pressure to have sexual intercourse	17	15	7	9	N/A
BODY WEIGHT AND DIETARY BEHAVIORS					
Describe self as slightly or very overweight	24	22	22	23	23
Currently trying to lose weight	61	34	34	35	N/A
Fasted for 24 hours or more to lose or maintain weight, past 30 days	10	8	6	5	9* (used unhealthy weight control methods – fasting, taking pills or laxatives, vomiting)
Took diet pills, powders, or liquids without Dr.'s advice to lose or maintain weight, past 30 days	3	2	1	2	
Ever vomited or taken laxatives to lose or maintain weight	5	5	2	4	
PHYSICAL ACTIVITY					
Participated in at least 60 minutes of activity for at least 5 of the past 7 days (increased heart rate and breathed hard)	48	48	51	50	37
Watched 3 or more hours of TV on an average school day	25	18	16	14	26
Used a computer for non-school related work for 3 or more hours (e.g., videogames, Facebook, surfing the web), on an average school day	17	15	28	34	28* (video games)

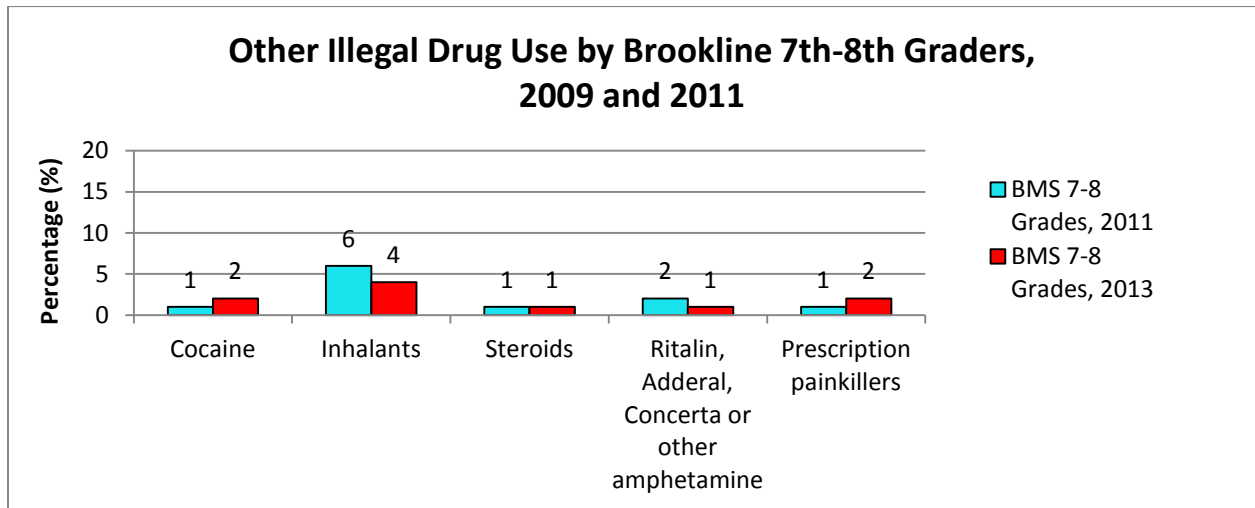
Alcohol



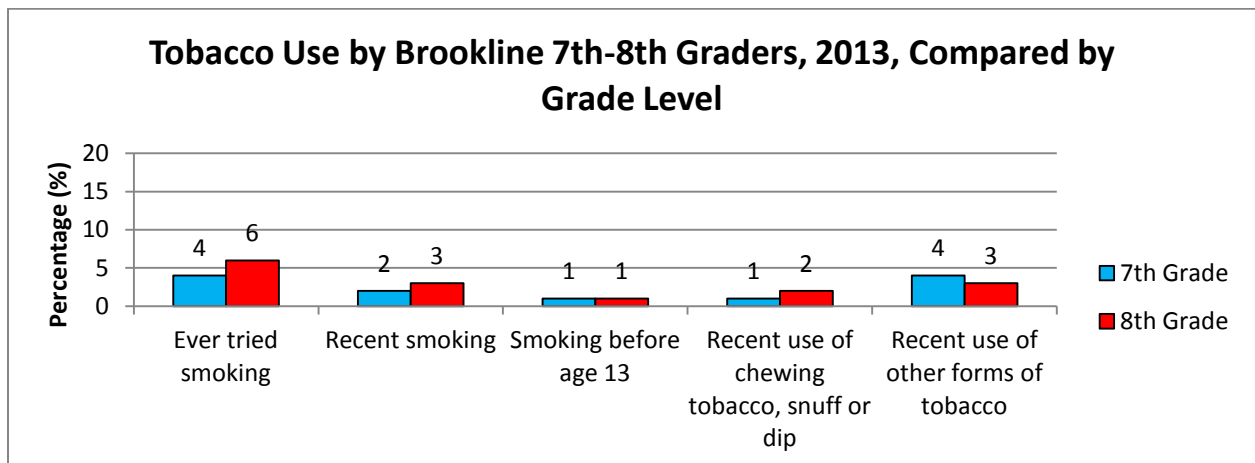
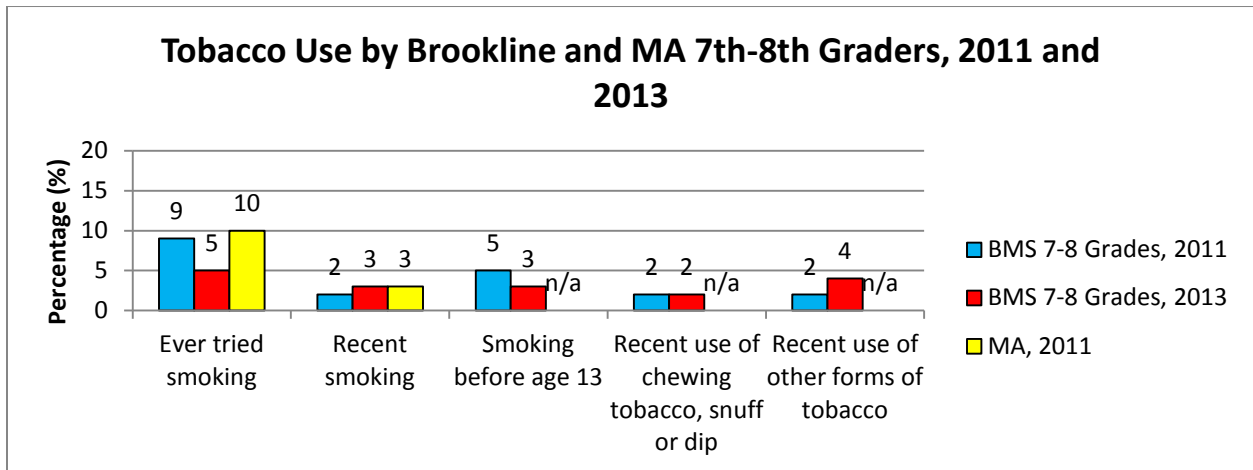
Marijuana



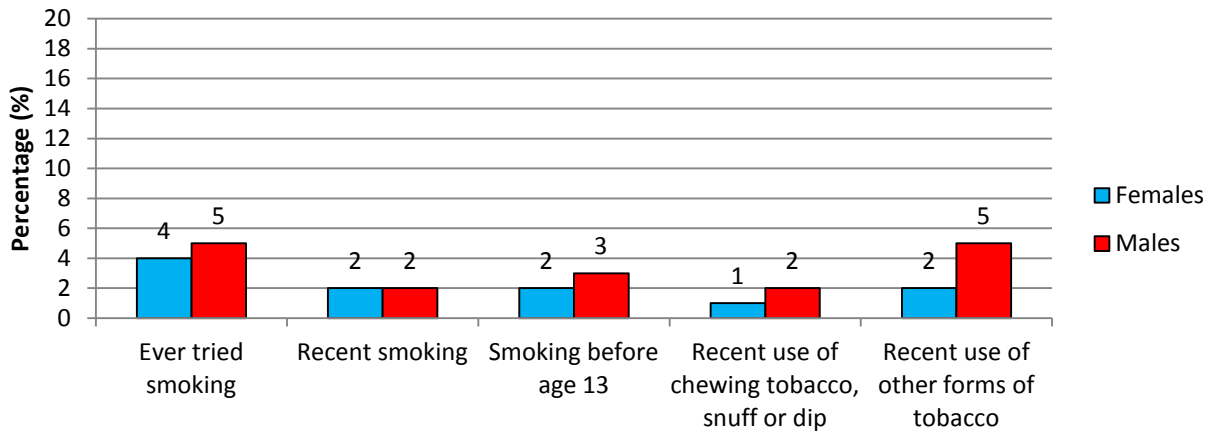
Other Illegal Drugs



Tobacco

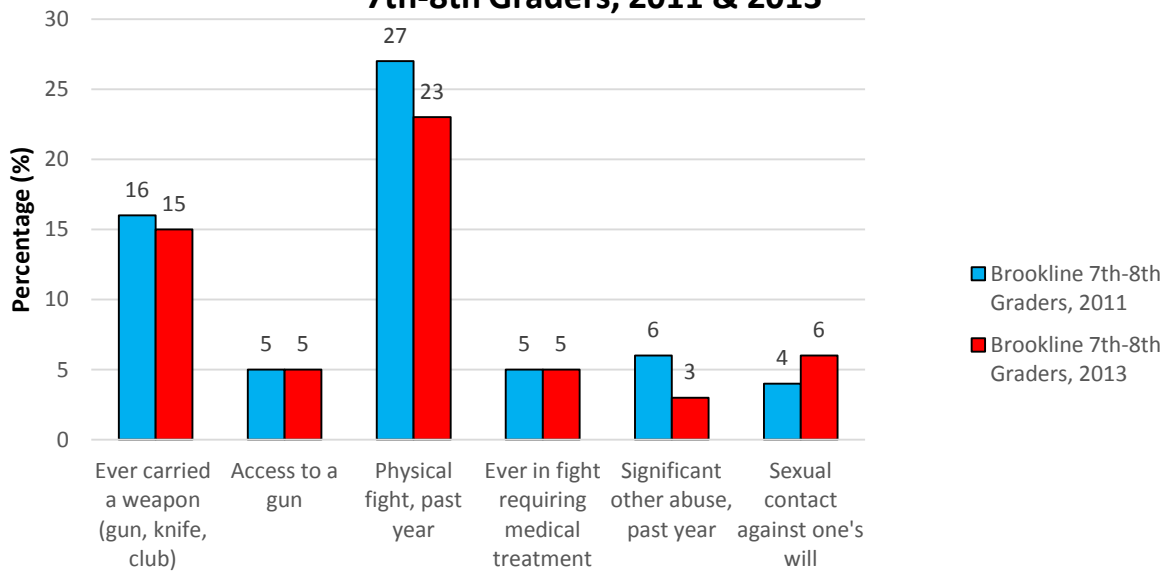


Tobacco Use by Brookline 7th-8th Graders, 2013, Compared by Gender

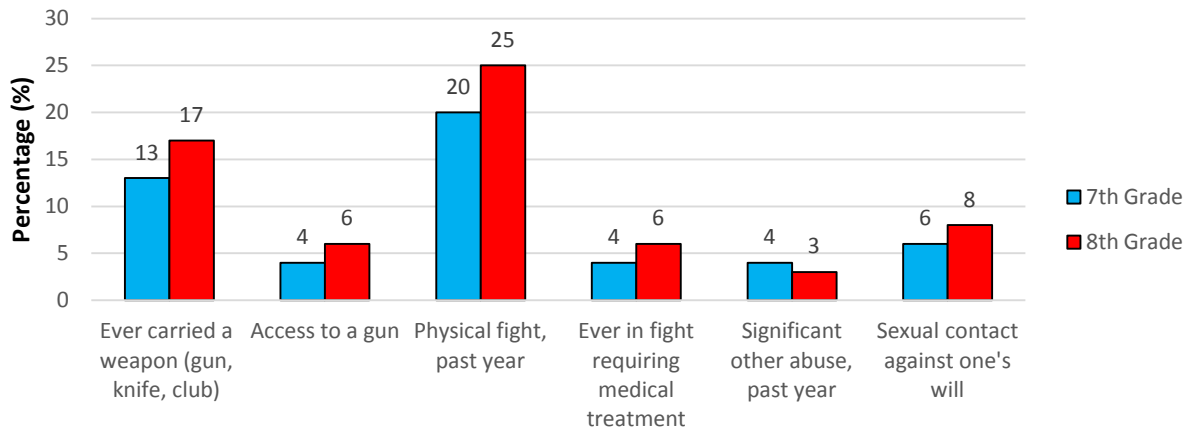


Violence

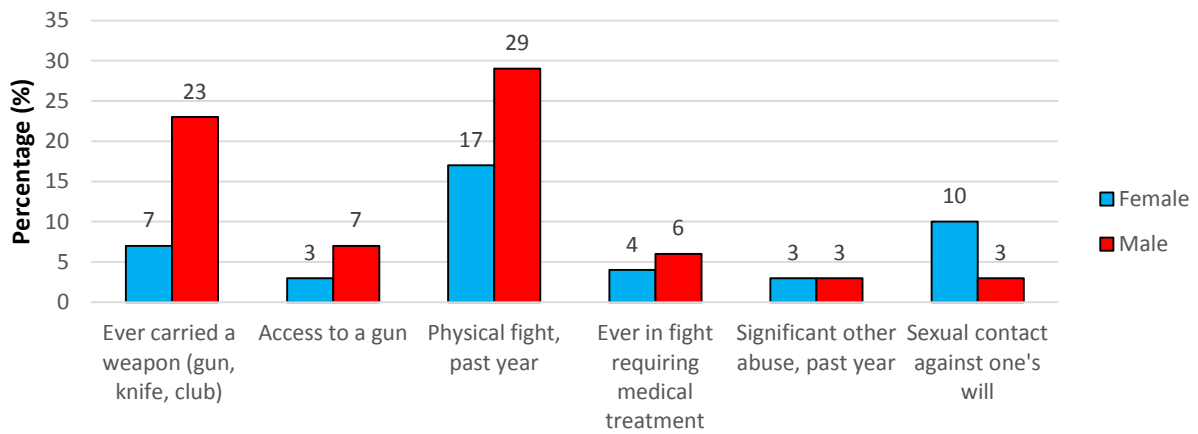
Violence-Related Behaviors among Brookline 7th-8th Graders, 2011 & 2013



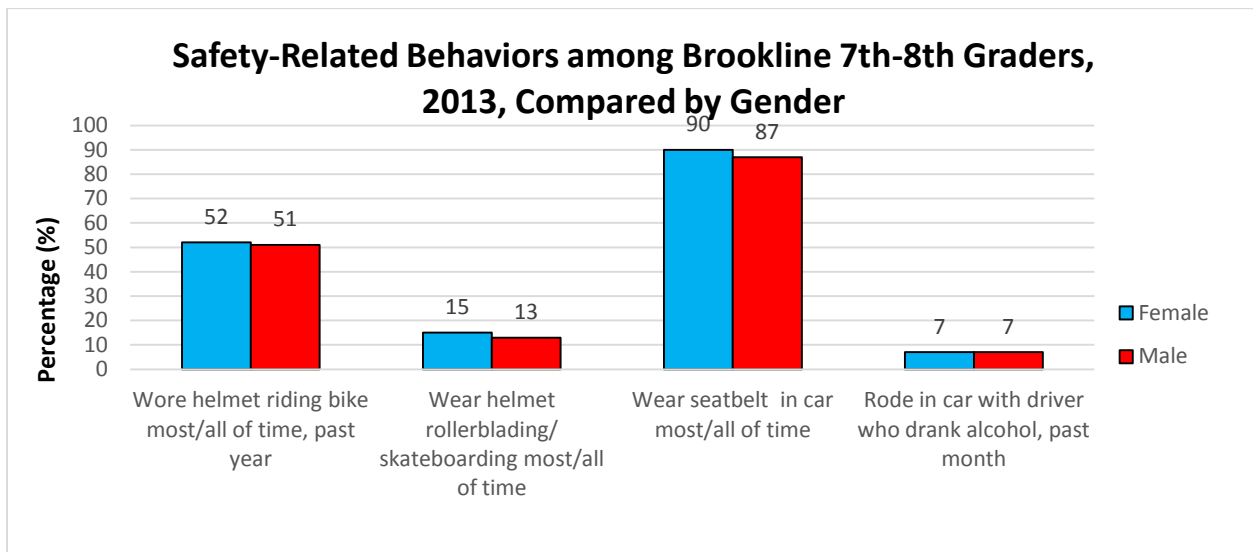
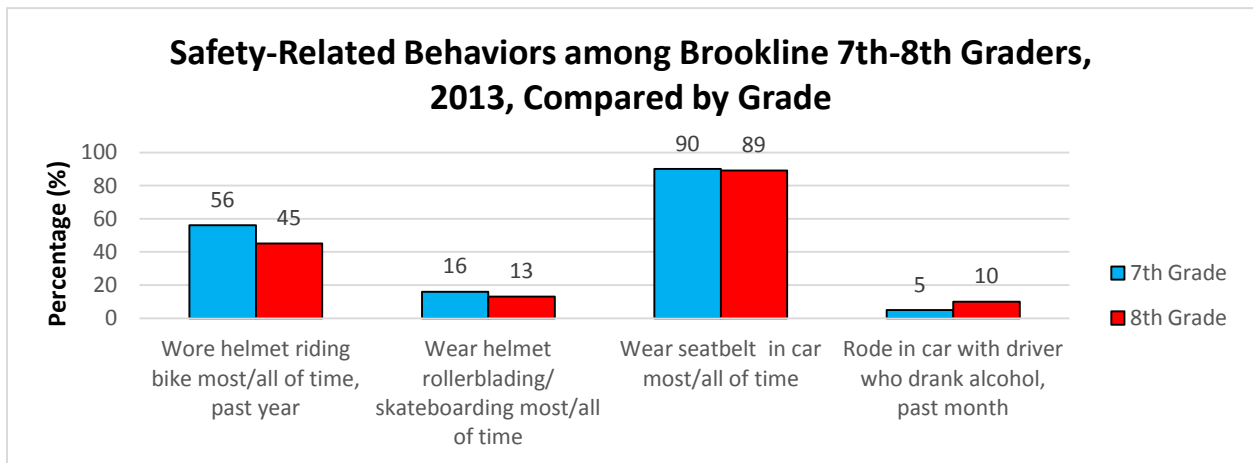
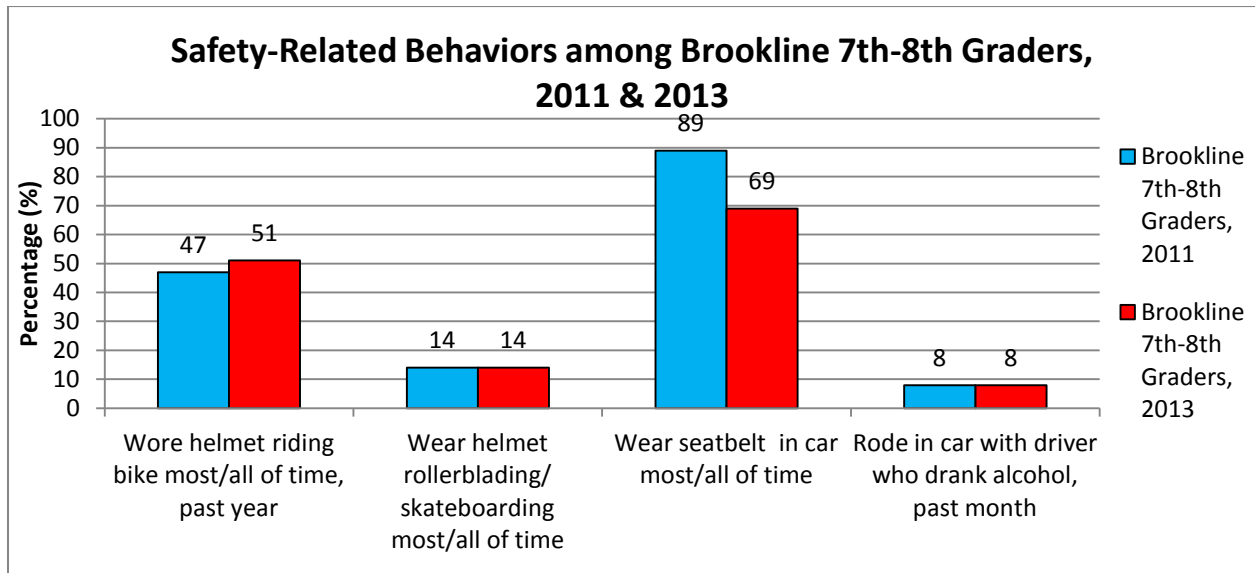
Violence-Related Behaviors among Brookline 7th-8th Graders, 2013, Compared by Grade



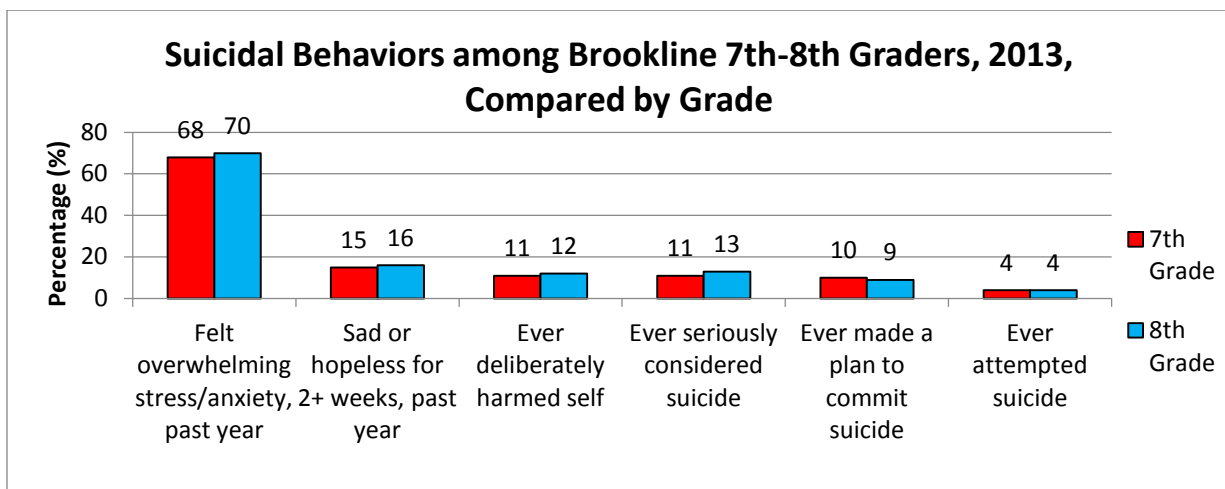
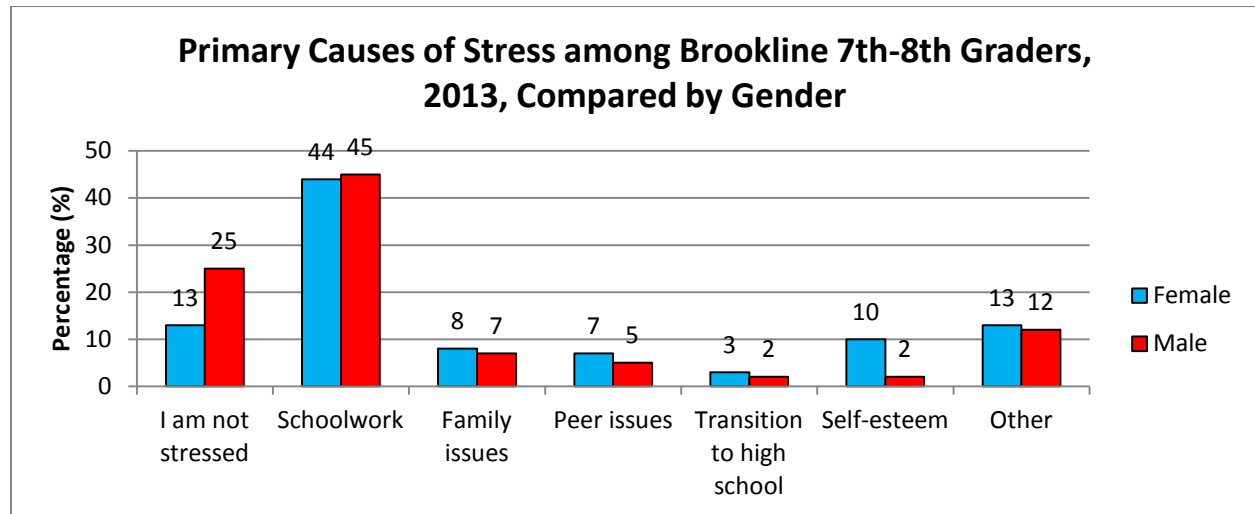
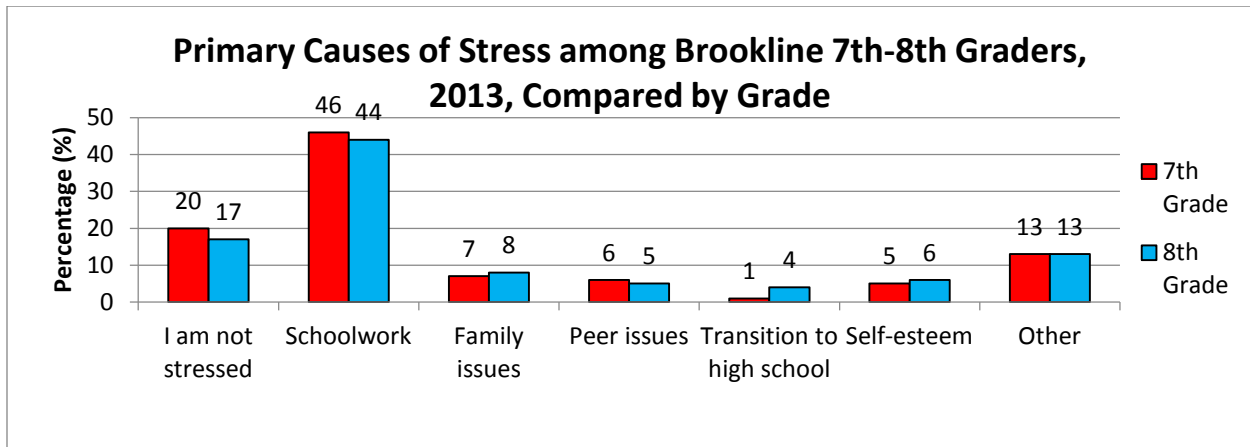
Violence-Related Behaviors among Brookline 7th-8th Graders, 2013, Compared by Gender



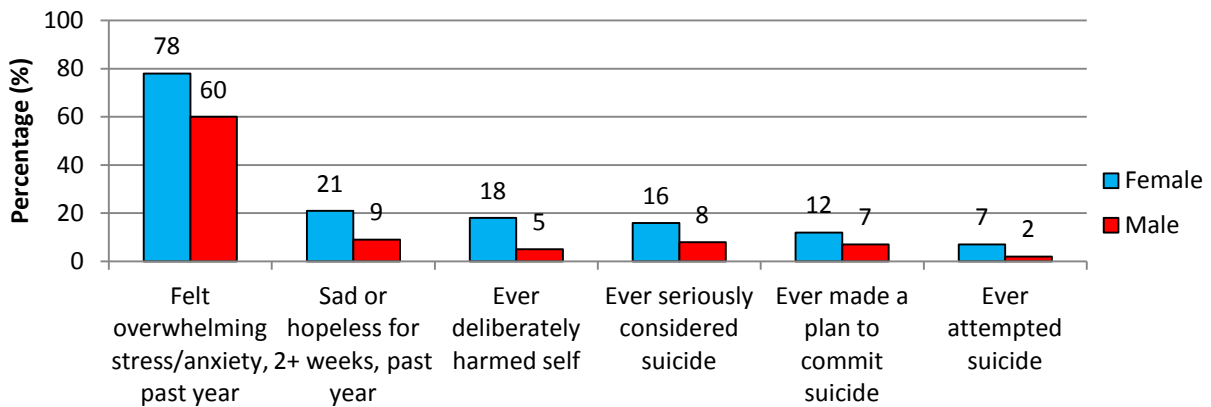
Safety



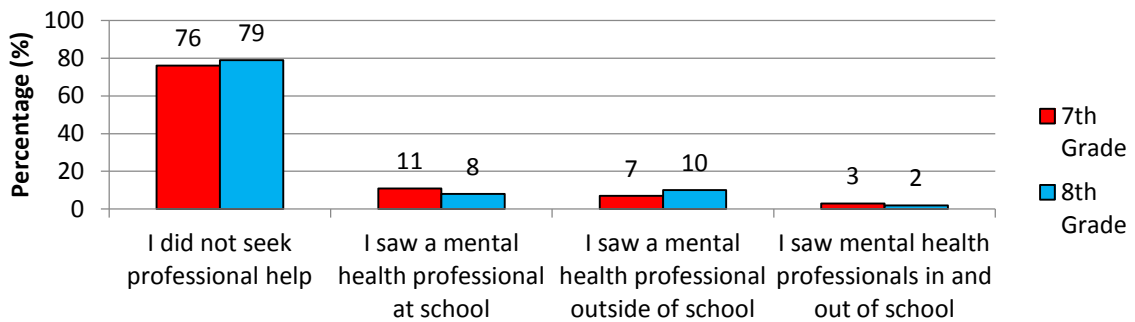
Mental Health



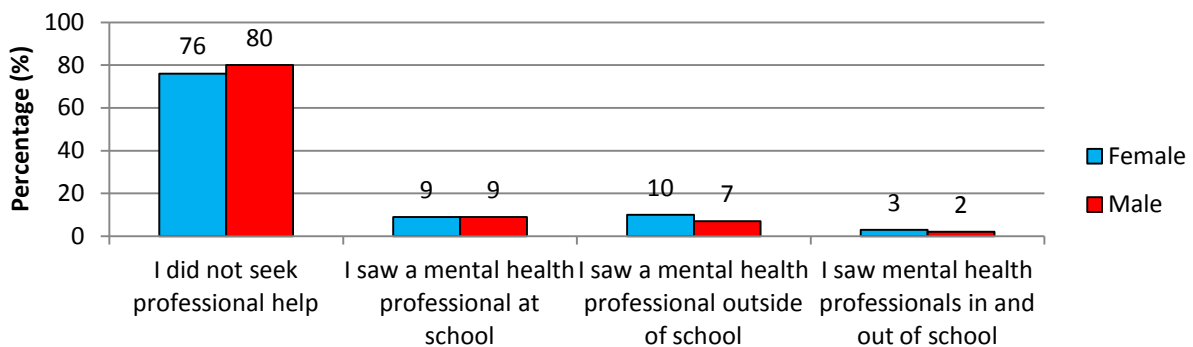
Suicidal Behaviors among Brookline 7th-8th Graders, 2013, Compared by Gender



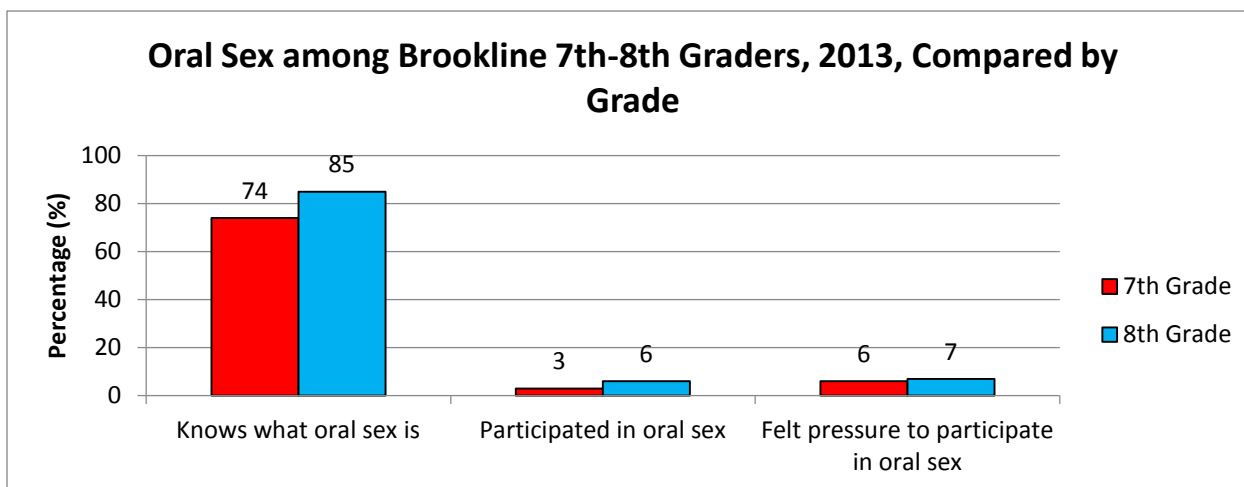
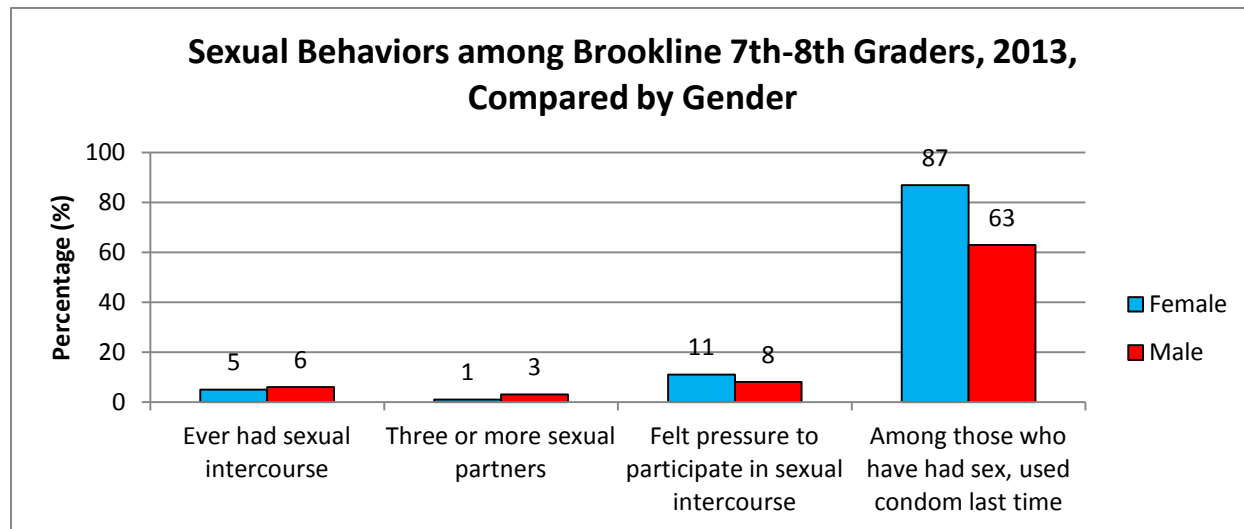
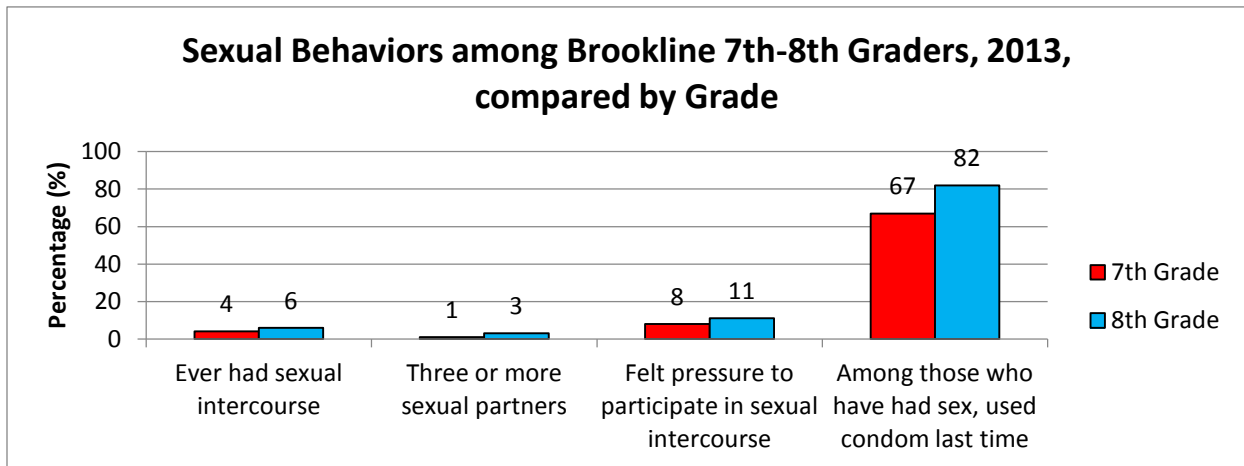
Sought Professional Help (social worker, counselor, psychologist, psychiatrist), Brookline 7th-8th Graders, 2013, Compared by Grade

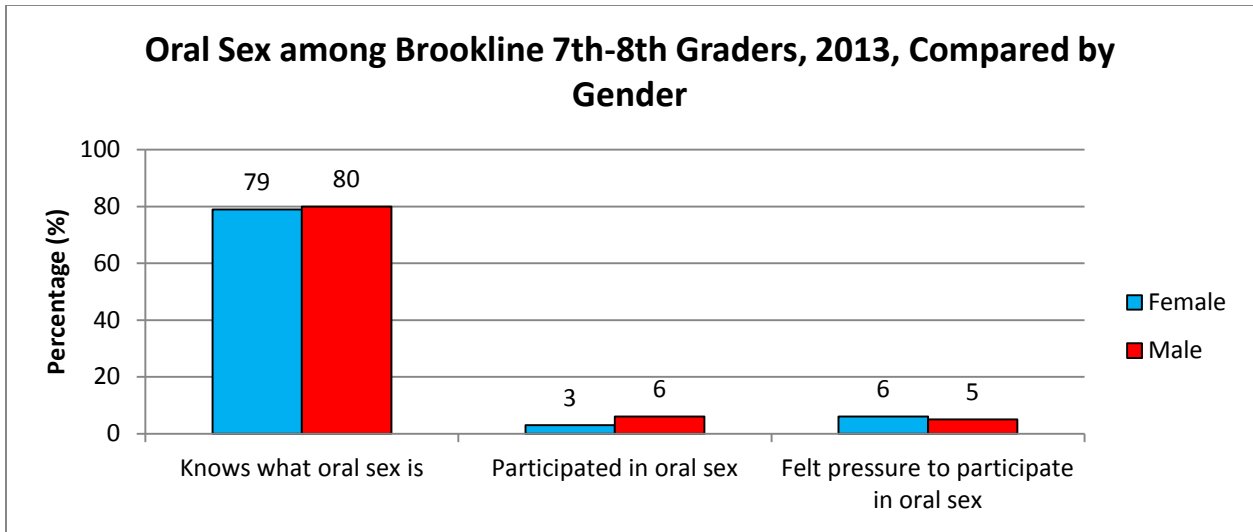


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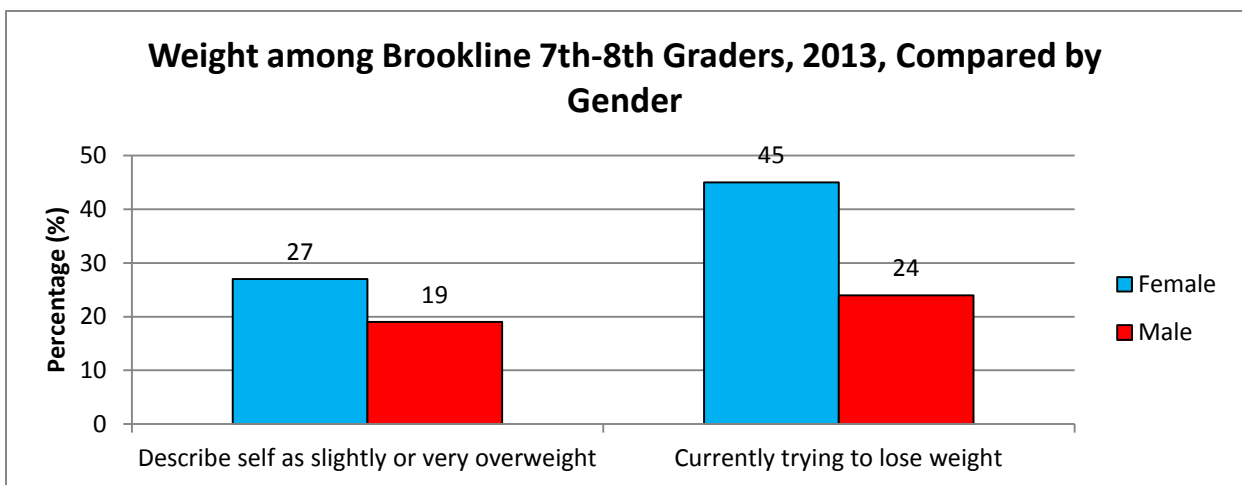
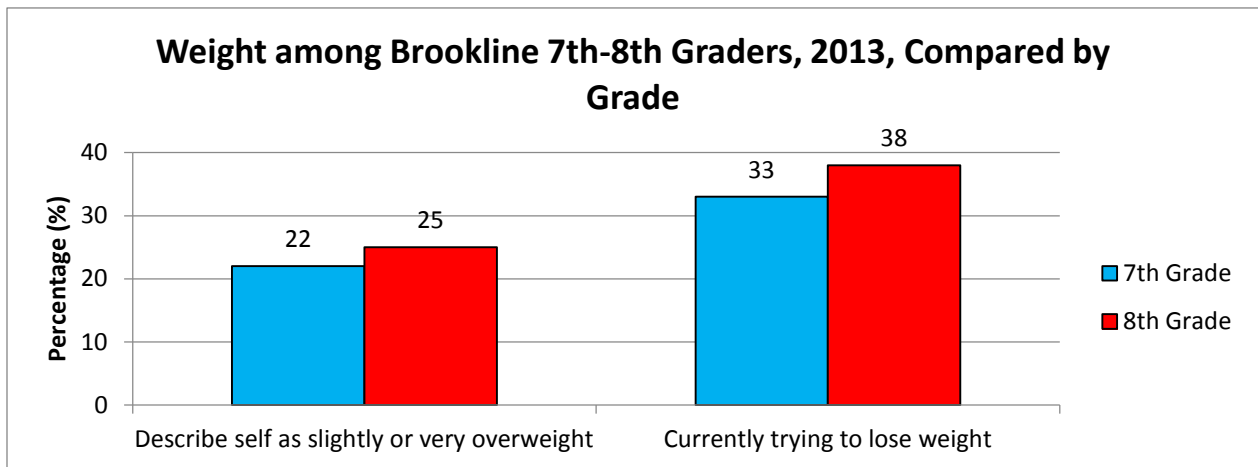


Sexual Behavior

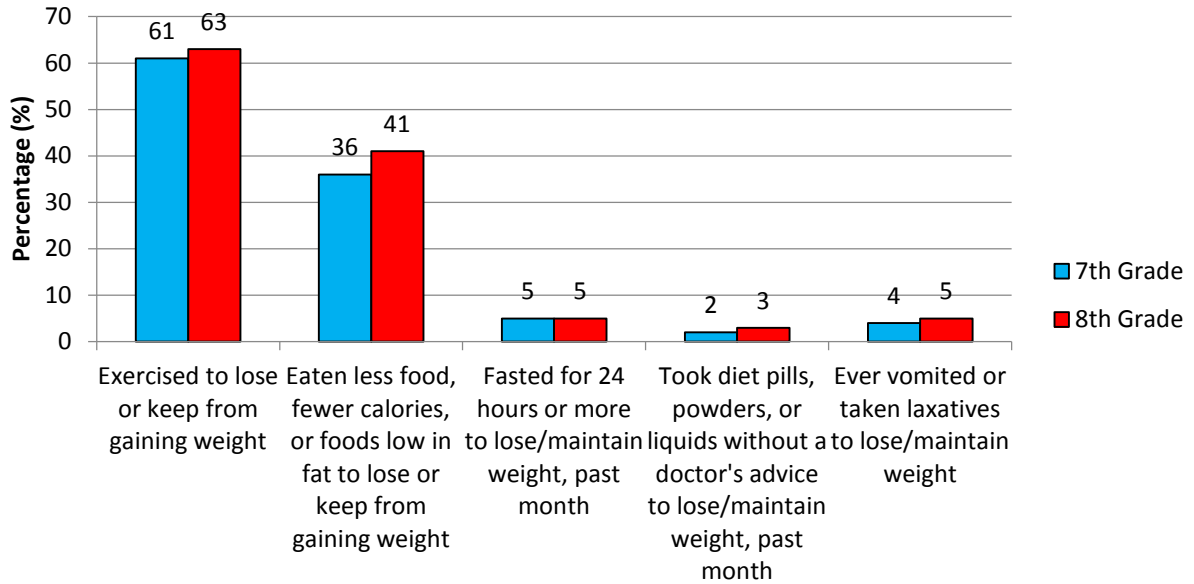




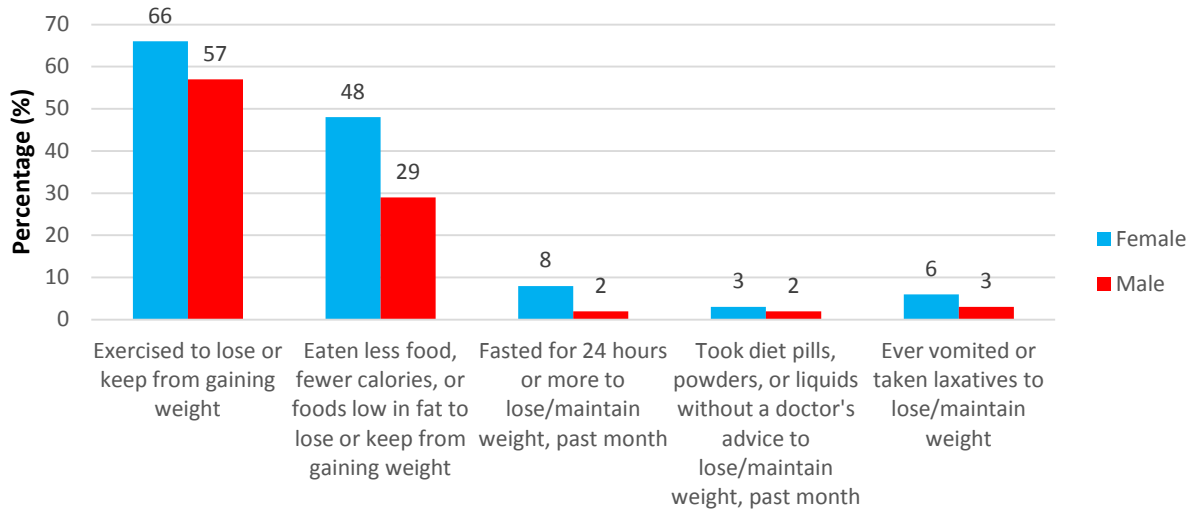
Body Weight and Dietary Behaviors



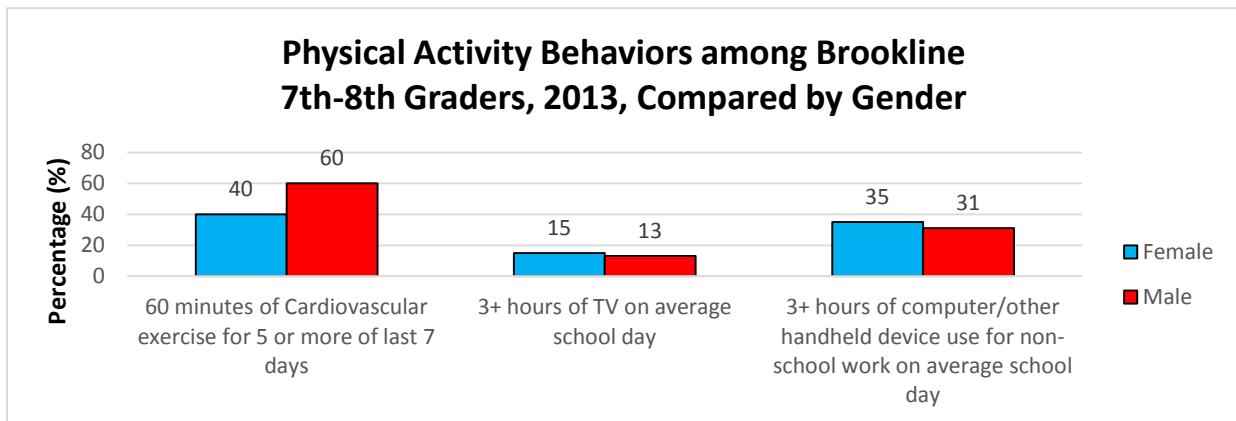
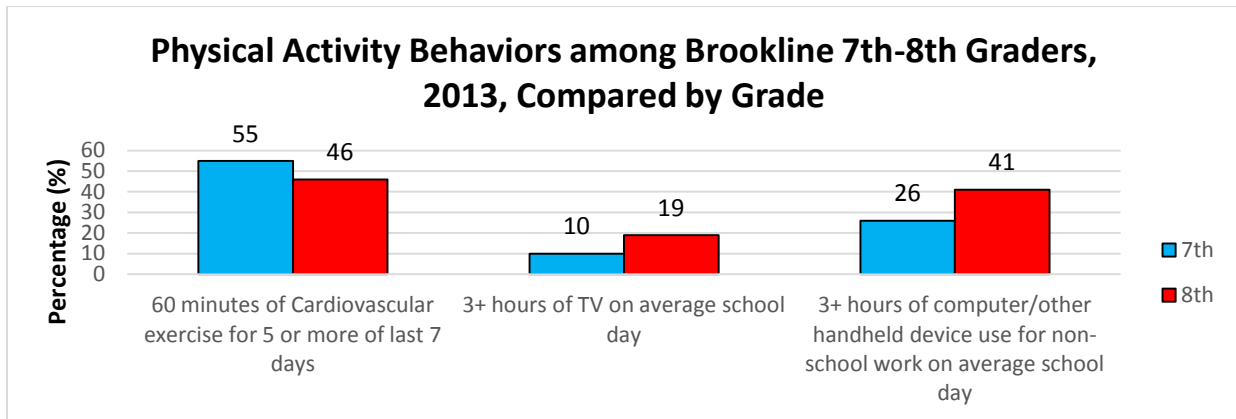
Dietary Behaviors among Brookline 7th-8th Graders, 2013, Compared by Grade



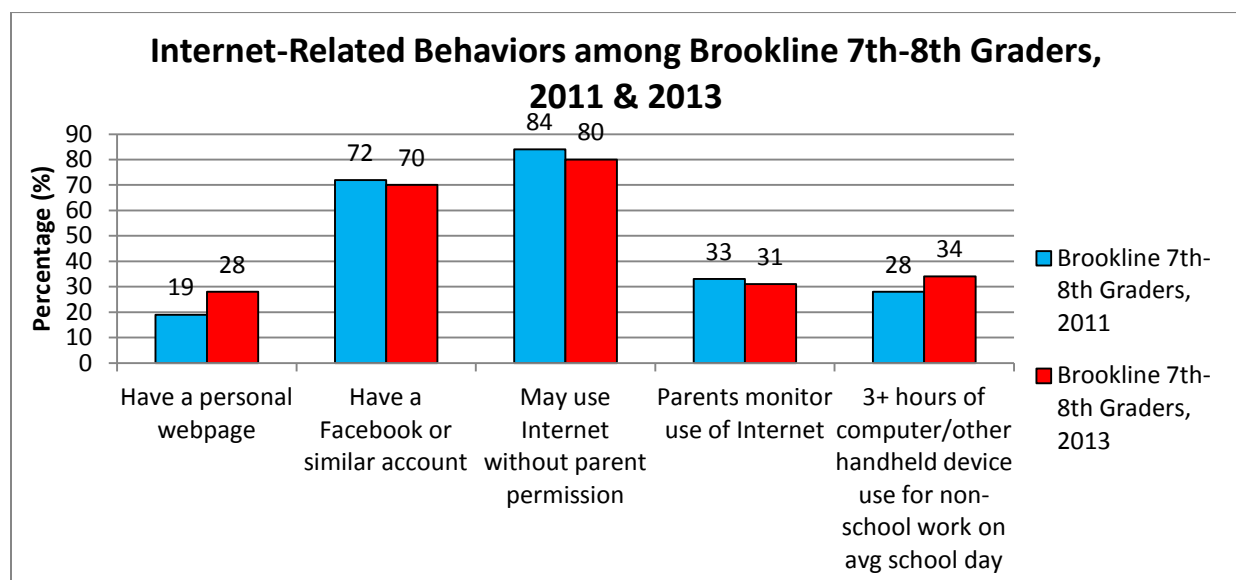
Dietary Behaviors among Brookline 7th-8th Graders, 2013, Compared by Gender



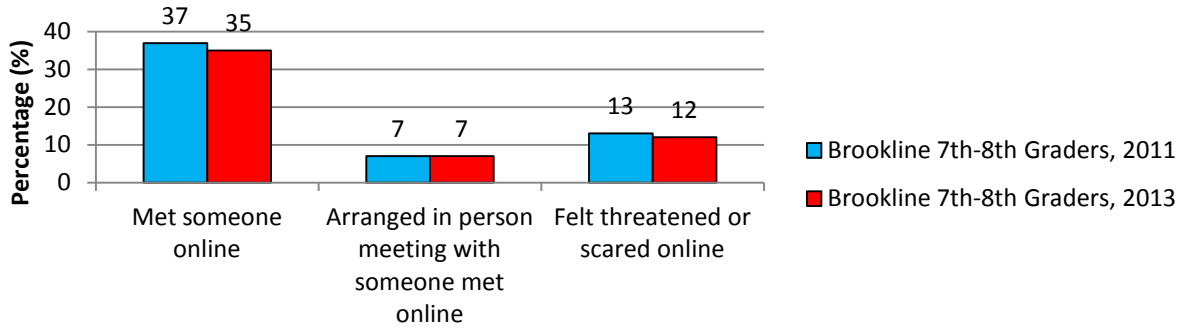
Physical Activity



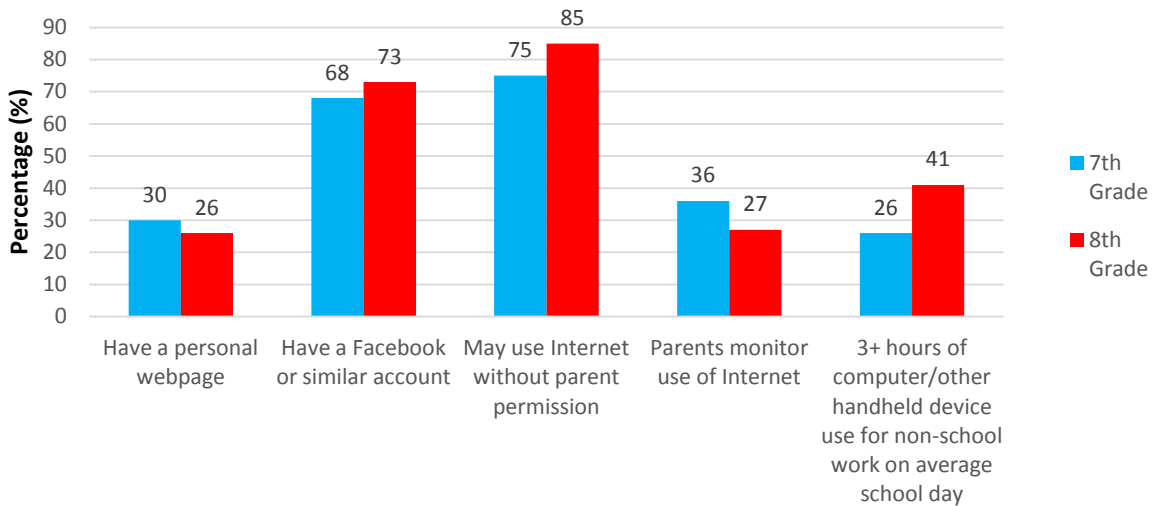
Internet and Cell Phone Use



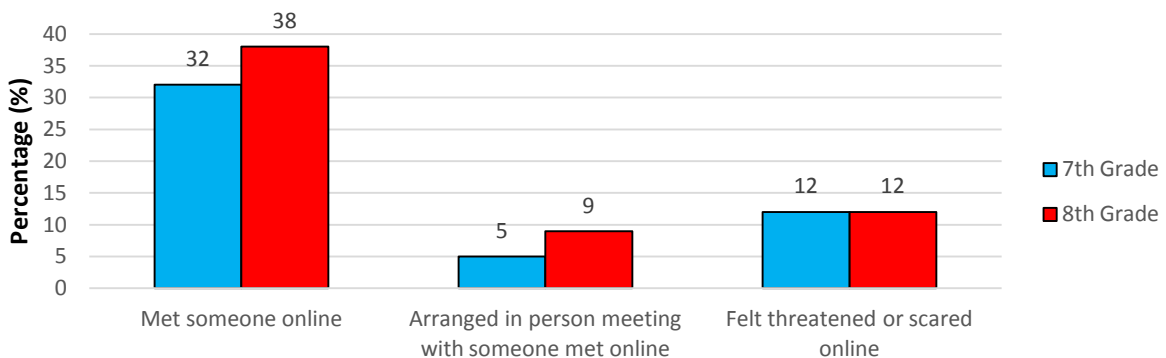
Additional Internet-Related Behaviors among Brookline 7th-8th Graders, 2011 & 2013



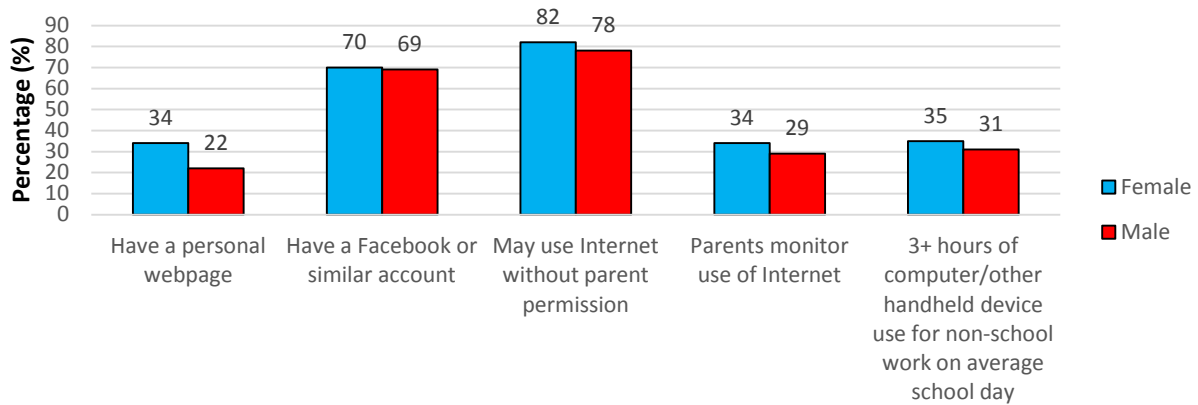
Internet-Related Behaviors among Brookline 7th-8th Graders, 2013, Compared by Grade



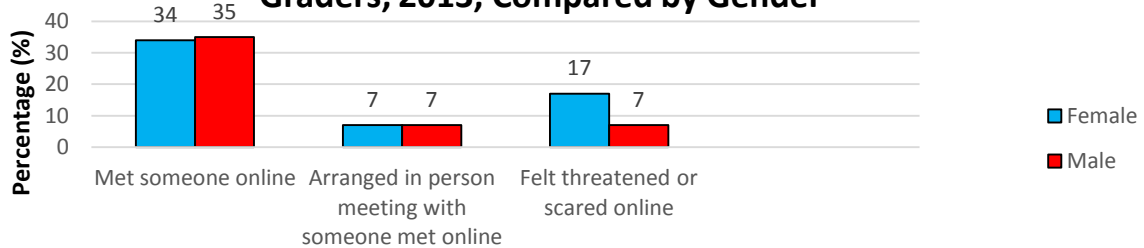
Additional Internet-Related Behaviors among Brookline 7th-8th Graders, 2013, Compared by Grade



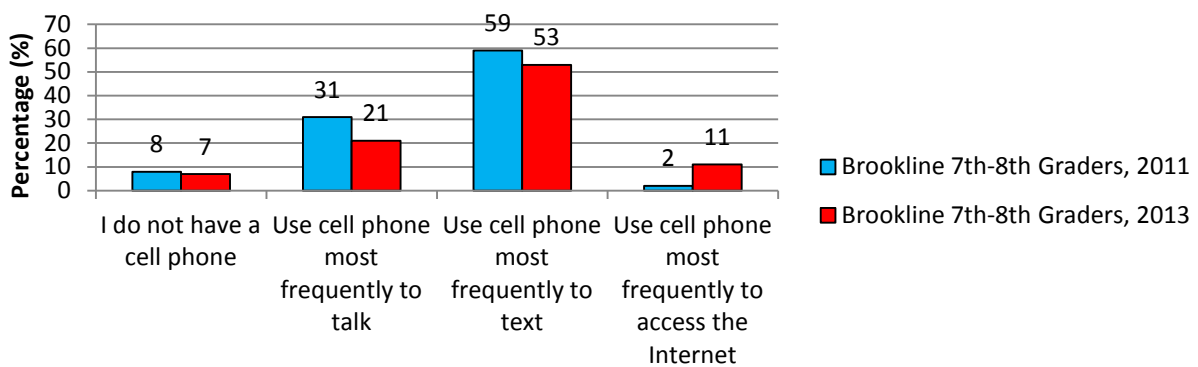
Internet-Related Behaviors among Brookline 7th-8th Graders, 2013, Compared by Gender

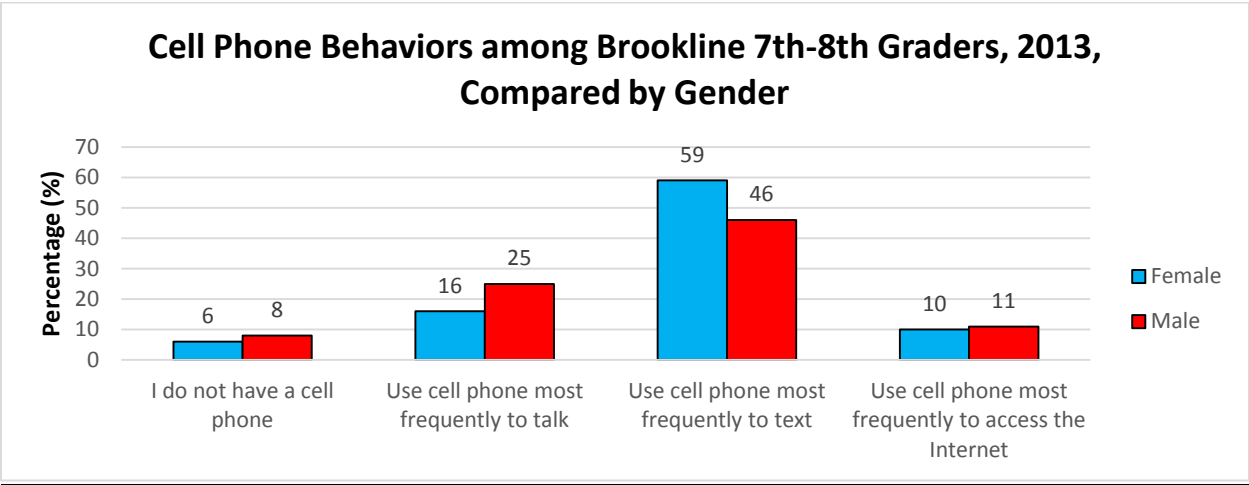
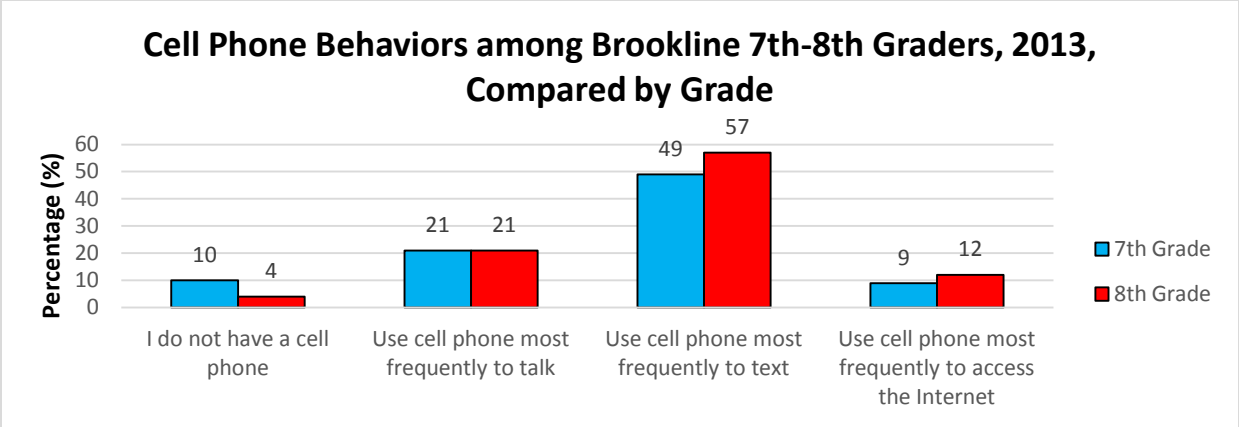


Additional Internet-Related Behaviors among Brookline 7th-8th Graders, 2013, Compared by Gender



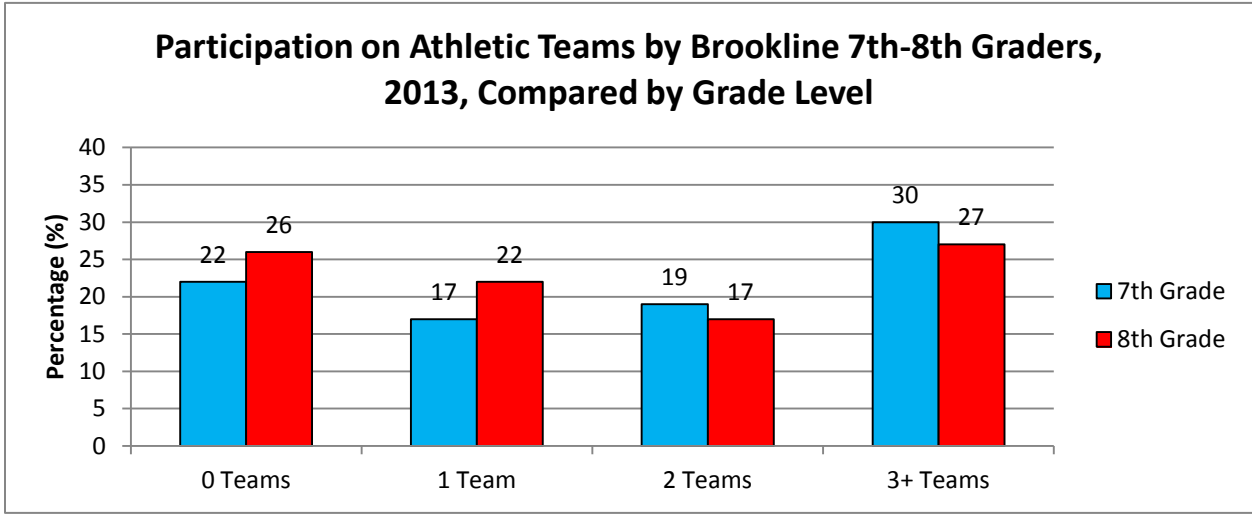
Cell Phone Behaviors among Brookline 7th-8th Graders, 2011 & 2013

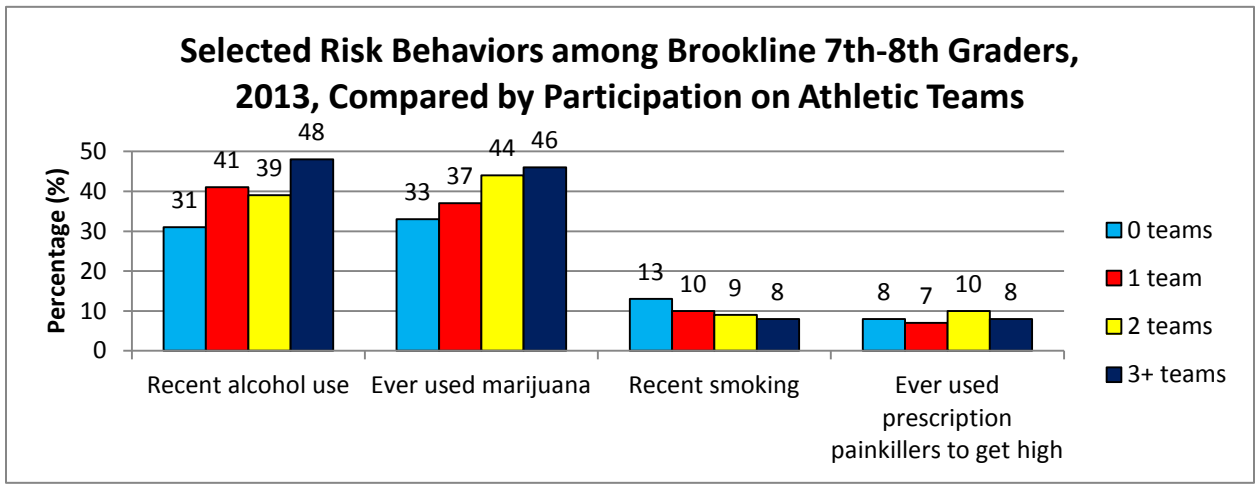
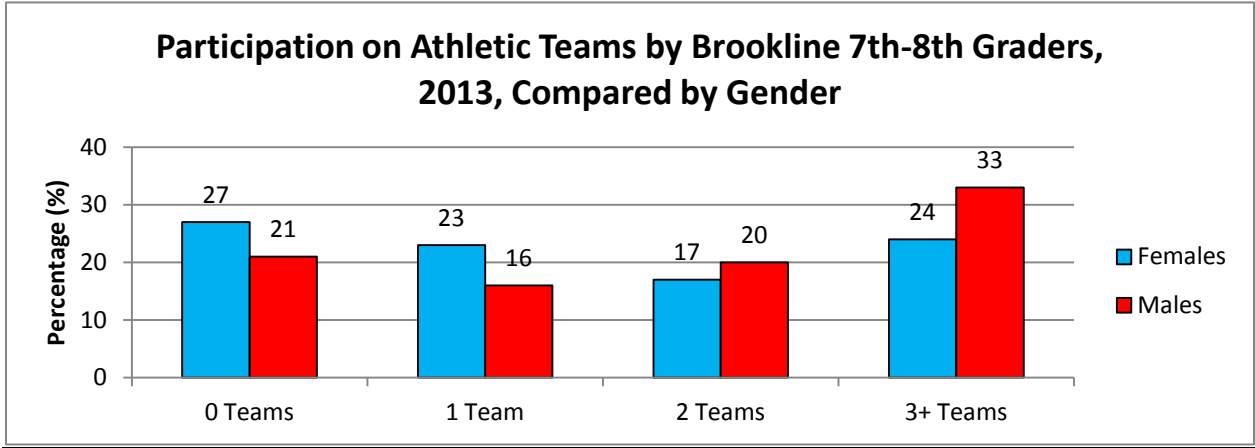




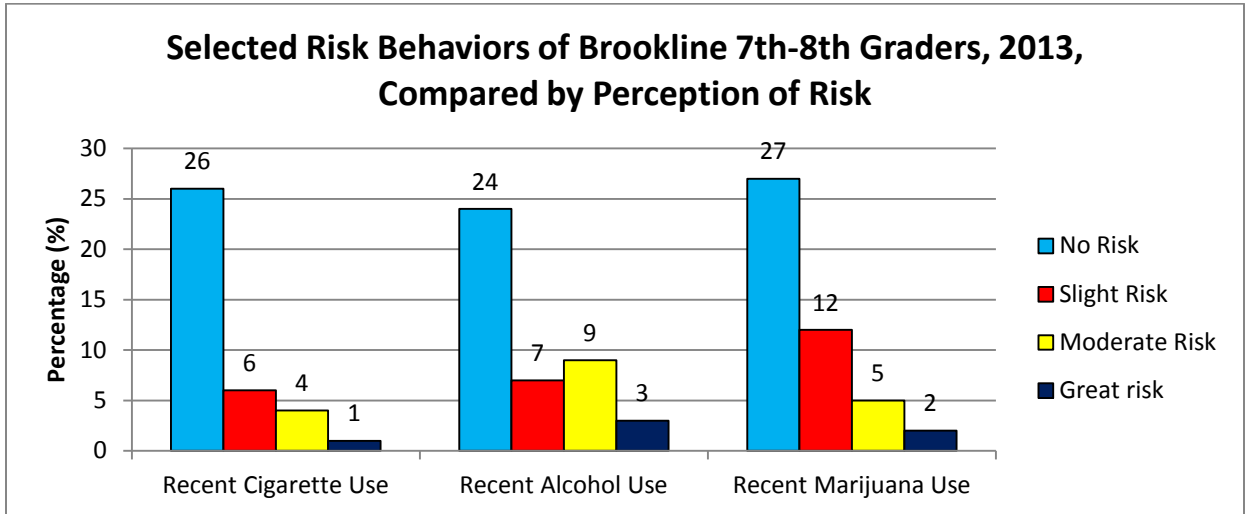
Protective Factors

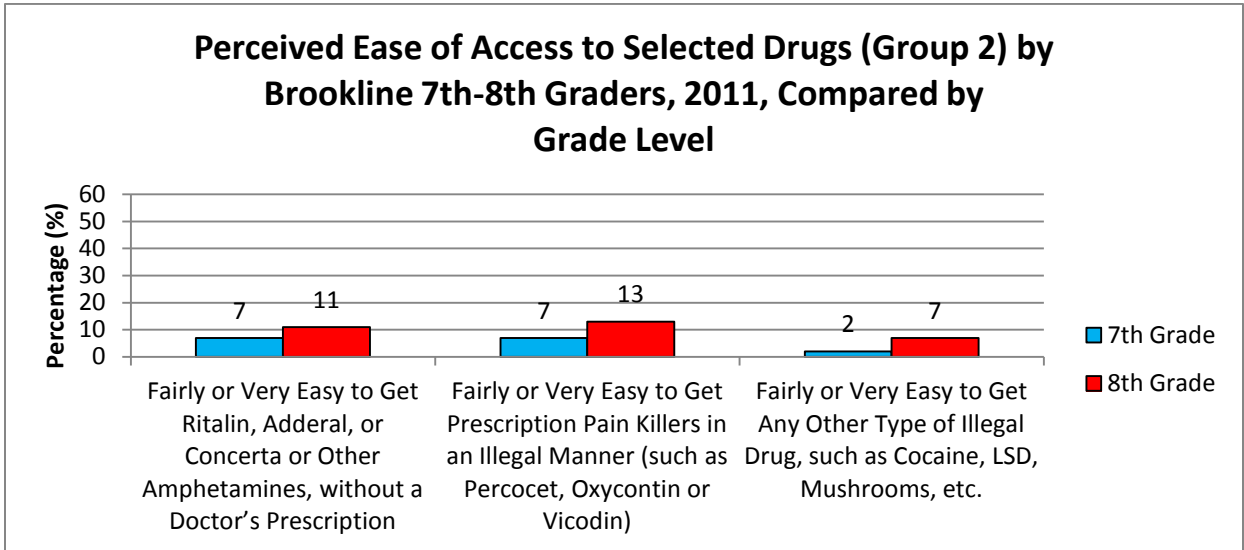
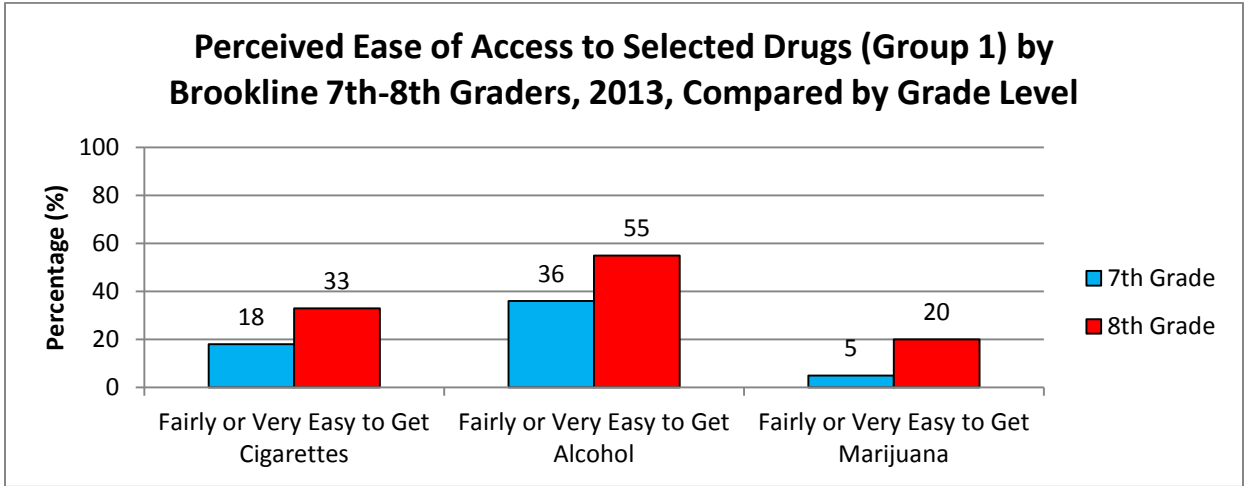
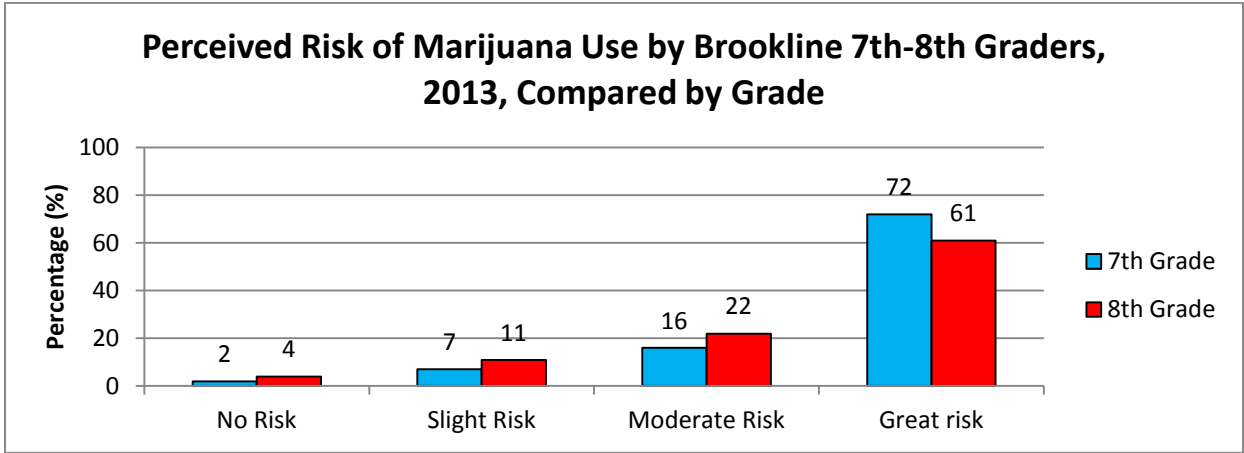
Note: The only protective factor surveyed was participation on athletic teams (school or community).



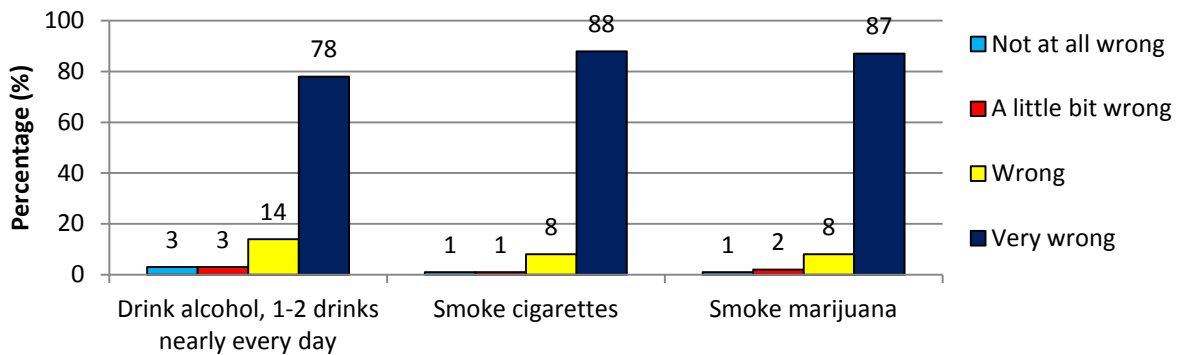


Perceptions

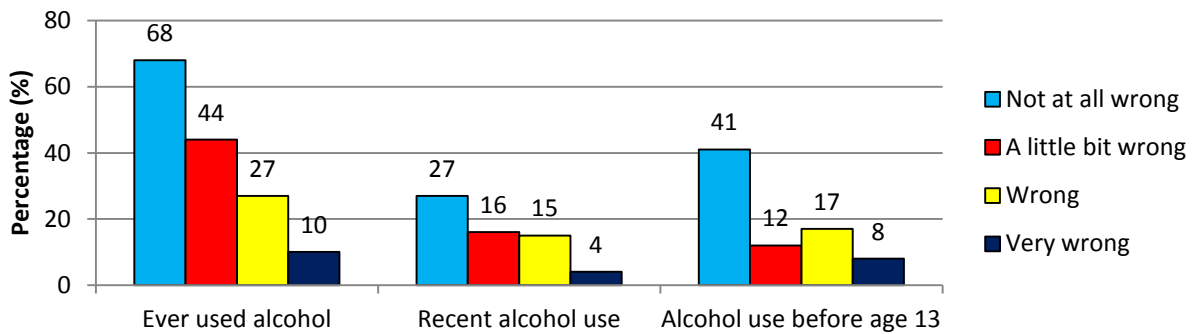




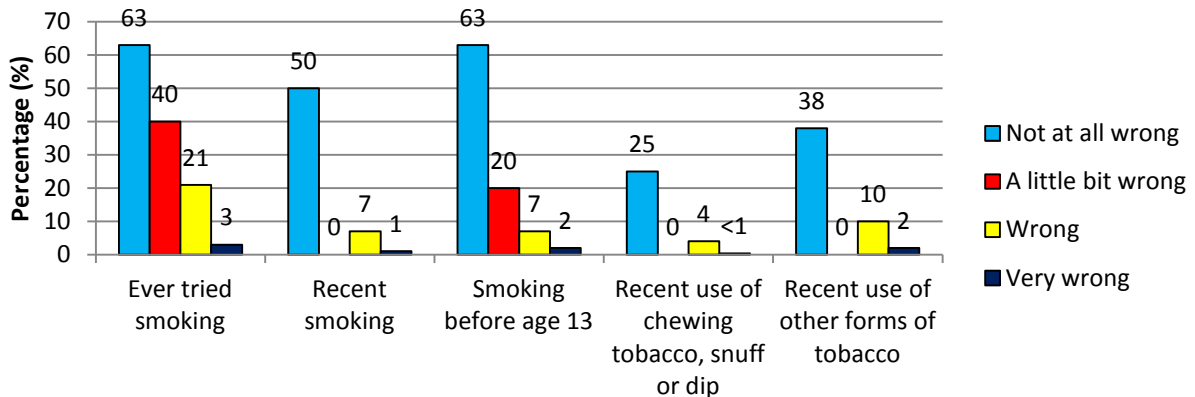
Perceived Parental Disapproval of Selected Risk Behaviors by Brookline 7th-8th Graders, 2013



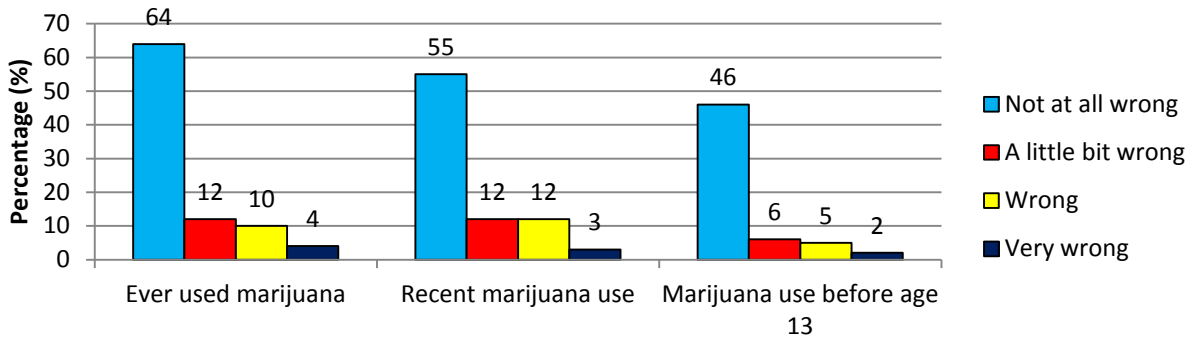
Alcohol Use by Brookline 7th-8th Graders, 2013, Compared by Level of Perceived Parental Disapproval



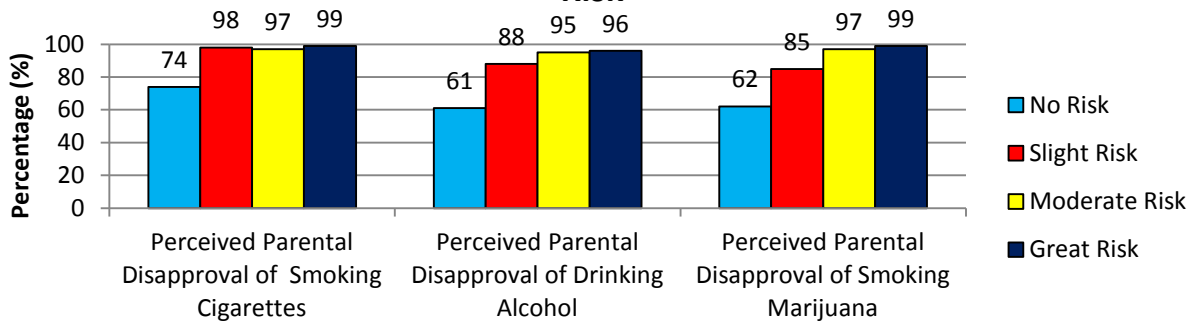
Tobacco Use by Brookline 7th-8th Graders, 2013, Compared by Level of Perceived Parental Disapproval



Marijuana Use by Brookline 7th-8th Graders, 2013, Compared by Level of Perceived Parental Disapproval



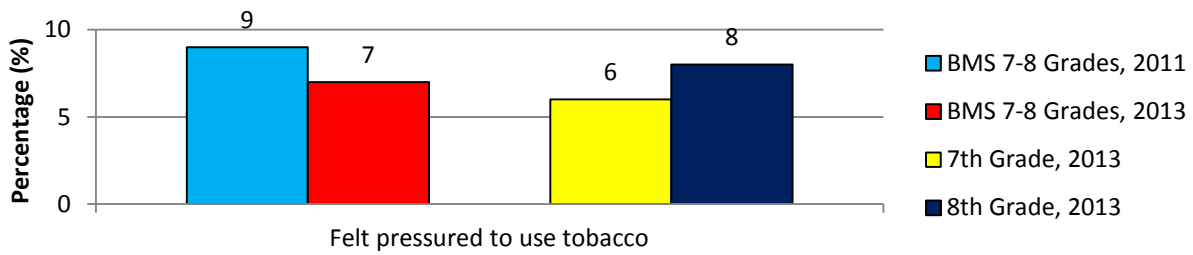
Perceived Parental Disapproval of Selected Risk Behaviors of Brookline 7th-8th Graders, 2013, Compared by Perception of Risk



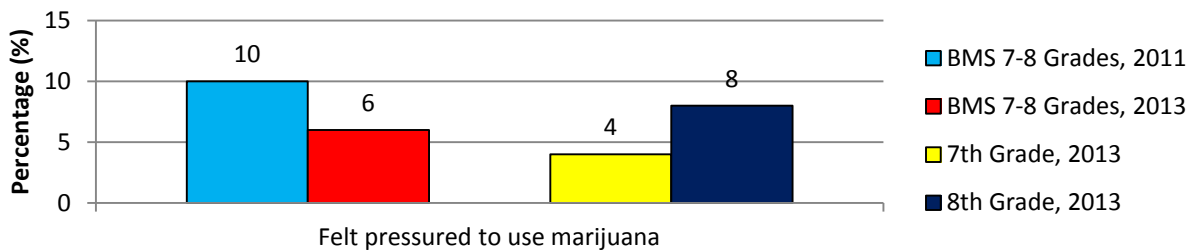
Perceived Pressure to Drink Alcohol by Brookline 7th-8th Graders, 2011 & 2013, and Compared by Grade



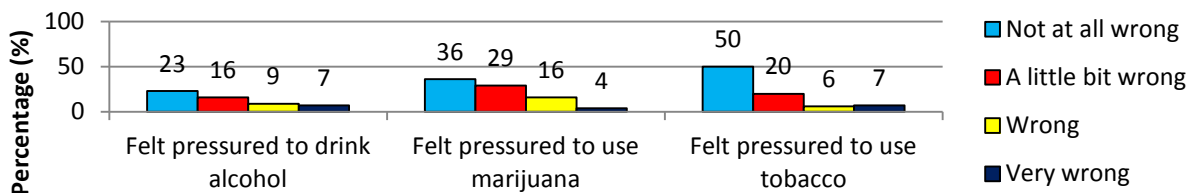
Perceived Pressured to Use Tobacco by Brookline 7th-8th Graders, 2011 and 2013, and Compared by Grade



Perceived Pressure to Use Marijuana by Brookline 7th-8th Graders, 2011 & 2013, and compared by Grade



Perceived Pressure to Use Selected Drugs by Brookline 7th-8th Graders, 2013, Compared by Level of Perceived Parental Disapproval



Perceived Pressure to Use Drugs among Brookline 7th-8th Graders, 2013, Compared by Participation on Athletic Teams

