**Delete my Google+ profile**

You’re in control of how you use your Google+ profile, and you can adjust access to your content or delete your account at any time. We’ll walk you through a few different options for restricting or deleting your account, and what each of them means for you.

**Restrict who can see my Google+ posts and content**

If you’d like to continue using Google+, but restrict who can view your content, you can adjust your profile visibility settings to hide everything except your name and photo from public view. [Learn how to adjust your profile visibility settings](https://support.google.com/plus/bin/answer.py?hl=en&answer=1047289).

What happens next:

* Everything but your profile and photo will be hidden from public view.
* The posts you've shared will still be accessible by the people you've shared with.
* You'll still be able to access all of your Google+ posts, circles and other content.
* Events you've RSVP'ed to will still reflect your RSVP

**Delete the content but keep my Google+ profile**

Your Google+ circles, posts, comments and other content will be permanently deleted, but any public information set on your profile, such as pages you manage or contacts will not. You’ll still be able to access Gmail and most other Google services.

What to do:

1. [Sign in to Google+](http://plus.google.com" \t "_blank).
2. Click your full name or email address in the upper right corner of your screen.
3. In the **Account Management** section, click **Delete profile and remove related Google+ features**.
4. Select **Delete Google+ content**.

**Delete my entire Google+ profile**

Your Google+ profile will be deleted along with other services and data that depend on your Google+ profile.

What to do:

1. [Sign in to Google+](http://plus.google.com" \t "_blank).
2. Click your full name or email address in the upper right corner of your screen.
3. In the **Account Management** section, click **Delete profile and remove related Google+ features**.
4. Select **Delete your entire Google profile**.

**Stop using Google products that make me sign in, like Google+ and Gmail**

If you’d like to stop using Google services that require a Google Account, like Google+, Gmail, and many others, you can delete your Google Account. [Learn how to delete your Google Account](https://support.google.com/accounts/bin/answer.py?hl=en&answer=32046).

What happens next: You'll lose access to all Google services and existing data requiring a Google Account. If you currently use Gmail, you won’t be able to reuse your Gmail address.