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| --- | --- | --- | --- | --- |
|  | **SUBJECT PRONOUN** | **OBJECT PRONOUN** | **POSSESSIVE PRONOUN** | **REFLEXIVE PRONOUN** |
|  | *\_\_\_\_ is an activist.* | *I am proud of \_\_\_\_\_.* | *That is \_\_\_\_\_ book.* ***or-****That book is \_\_\_\_.* | *That person likes \_\_\_\_\_.* |
| Traditional Feminine | She | her | her/hers | herself |
| Traditional Masculine | He | him | his | himself |
| Gender Neutral (Singular they) | They (are)\*\* | them | their/theirs | themselves |
| Gender Neutral (Ze) | Ze\* (pronounced ‘zee’ as in the letter z) | Hir (pronounced ‘here’) | hir/hirs (pronounced ‘here’s’) | Hirself (pronounced ‘here-self’) |
| ALSO, people’s PGPs can change over time! | And can also be a combination of pronouns | like she and he or she and they! |  |  |
|  |  |  |  |  |
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|  |  |  |  |  |

Preferred Gender Pronouns (PGPs) Cheat Sheet

\**Additional alternate spellings for “ze” are “zie”, “sie”, “xie”, and “xe.”*

*\*\*When using “they” as a singular gender inclusive pronoun, you would still conjugate associated verbs*

*as you would for the plural version, as in “they are an activist” or “they like to go shopping”, not “they is*

*an activist” or “they likes to go shopping.”*

*Note: We didn’t include all possible gender-neutral pronouns since there are so many! Find more here (and other places on the web) www.gsafewi.org/wp-content/uploads/What-the-heck-is-a-PGP1.pdf*