

Student and Family Resources

The Public Schools of Brookline School Counseling Department, the Town of Brookline Health Department, and Brookline Parent Education Network have compiled a series of resource lists to help students and families through the difficulties of the COVID-19 crisis. They will be regularly updated as new information becomes available.

- 1. Mental Health Resources
- 2. <u>Substance Use/Recovery Resources</u>
- 3. <u>Domestic Violence</u>
- 4. Food and Housing Resources
- 5. Parent Support Resources
- 6. Internet Access Resources
- 7. BHS Counseling/Guidance
- 8. Public Schools of Brookline Counseling
- 9. Brookline Parent Network (B-PEN)
- 10. Eating Disorders

Also, Brookline's Public Health social workers in Rm. 149 at BHS offer families a safe, confidential source of advice and information. Here are three short videos that talk about what they have to offer: Working with Teens Student Depression and Anxiety Prevention

Call (617-713-5155) or write Mary Minott (<u>Mary_Minott@psbma.org</u>) and Abby Dean (gabrielle_dean@psbma.org)

And follow us on <u>facebook</u> for helpful news, articles, features, and blogs.

www.B-PEN.org
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